

# MARY-LOU

LINEDANCE.COM

**Count:** 32

**Wall:** 4

**Level:** beginner/intermediate

**Choreographer:** Chris Hodgson

**Music:** Hello Mary Lou by The Olsen Brothers

## 2 X TOE STRUTS, SIDE-ROCK-CROSS, SIDE-BEHIND, CHASSE ½ TURN

- 1&** Step right toe forward, drop right heel to floor
- 2&** Step left toe forward, drop left heel to floor
- 3&4** Step right to right side, rock weight onto left, cross step right over left
- 5-6** Step left to left side, cross right behind left
- 7&8** Chasse left stepping on left-right-left making ½ turn left

## & HEEL & STEP, TRIPLE ½ TURN RIGHT, WALK BACK TWICE, MAMBO STEP

- &1** Step back on right, touch left heel forward
- &2** Step left next to right, step forward on right
- 3&4** Triple ½ turn right stepping on left-right-left
- 5-6** Step back on right, step back on left
- 7&8** Step back on right, rock weight forward onto left, step right next to left

## LOCK STEP, STEP-¼-CROSS, ROCK STEPS, SIDE-ROCK-CROSS

- 1&2** Step forward on left, lock left behind right, step forward on left
- 3&4** Step forward on right, ¼ turn left on balls of both feet, cross step right over left
- 5&** Step forward on left, rock weight back onto right (slight angle to left on rock steps)
- 6&** Step back on left, rock weight forward onto right
- 7&8** Step left to left side, rock weight onto right, cross step left over right

## ROCK STEPS, SIDE-ROCK-CROSS, KICK-BALL-CROSS, SIDE-TOGETHER-FORWARD

- 1&** Step forward on right, rock weight back onto left (slight angle to right on rock steps)
- 2&** Step back on right, rock weight forward onto left
- 3&4** Step right to right side, rock weight onto left, cross step right over left
- 5&6** Kick left forward, step in place on left, cross step right over left
- 7&8** Step left to left side, step right next to left, step forward on left

**REPEAT**

**ENDING**

**On wall 7 (last wall) replace Mambo Step (counts 15&16) with a triple half turn Right to finish facing home wall**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=30183](https://www.linedance.com/index.php?f=dance_view&id=30183)