

# HEAT OF THE DANCE

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**Count:** 64

**Wall:** 2

**Level:** intermediate

**Choreographer:** Lorraine Susan Taylor

**Music:** Storyline by Raddings & Moore

## RUMBA BASICS

**1-4** Step right foot forward, rock back onto left foot, step right foot back, hold for one beat

**5-8** Step left foot back, rock forward onto right foot, step left foot forward, hold for one beat

## PIVOT TURN, CUBAN WALKS

**1-2** Step right foot forward, pivot  $\frac{1}{2}$  turn to left taking weight onto left foot

**3-4** Step right foot forward, hold for one beat

**5-8** Walk forward three small steps left right left (bump hips left right left) hold for one beat

## HEEL JACK, CROSS HOLD, CROSS SHUFFLE

**1-2** Step right foot to right, cross left foot behind right foot

**&3-4** Small step back right foot, touch left heel diagonally forward, hold one beat

**&5-6** Small step back left foot, cross right foot in front of left foot, hold one beat

**&7** Step left foot to left, (small steps), cross right foot over left foot

**&8** Step left foot to left, (small steps), cross right foot over left foot

## HEEL JACK, CROSS HOLD, CROSS SHUFFLE

**1-2** Step left foot to left, cross right foot behind left foot

**&3-4** Small step back left foot, touch right heel diagonally forward, hold one beat

**&5-6** Small step back right foot, cross left foot in front of right foot, hold one beat

**&7** Step right foot to right (small step), cross left foot over right foot

**&8** Step right foot to right (small step), cross left foot over right foot

## SHIMMY RIGHT& LEFT, PADDLE TURN, CROSS ROCK, TRIPLE $\frac{1}{2}$ TURN, TO RIGHT

**1-4** Step right foot to right & shimmy for two beats, tap left foot to right foot

**5-8** Step left foot to left & shimmy for two beats, tap right foot to left foot

**9-12** Step right foot forward, pivot  $\frac{1}{8}$  turn to left, step right foot forward, pivot  $\frac{1}{8}$  turn to left

**13-14** Cross right foot over left foot, rock back onto left foot

**15&16** Step right left right turning  $\frac{1}{2}$  to right

**SHIMMY LEFT & RIGHT, PADDLE TURN, CROSS ROCK, TRIPLE  $\frac{1}{2}$  TURN TO LEFT**

**1-4** Step left foot to left & shimmy for two beats, tap right foot to left foot

**5-8** Step right foot to right & shimmy for two beats, tap left foot to right foot

**9-12** Step left foot forward, pivot  $\frac{1}{8}$  turn to right, step left foot forward, pivot  $\frac{1}{8}$  turn to right

**13-14** Cross left foot over right foot, rock back onto right foot

**15&16** Step left right left turning  $\frac{1}{2}$  to left

**REPEAT**