

# LIFE'S A BEACH

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**Count:** 32      **Wall:** —      **Level:** —

**Choreographer:** Lucie Murphy & Raynald Dumont

**Music:** Life Is A Beach by The Bellamy Brothers

**Position:**Skater (Hands crossed in front, Right hands over left hands) Mirror image

**SIDE ROCK, RECOVER, CROSS SHUFFLE, SIDE ROCK, RECOVER, CROSS SHUFFLE**

**1-2MAN: Rock left to left, bring weight back on right foot**

**LADY: Rock right to right, bring weight back on left foot**

**Man passes behind lady while passing arms over lady's head**

**3&4MAN: Cross shuffle left-right-left to right crossing in front of right foot**

**LADY: Cross shuffle right-left-right to left crossing in front of left foot**

**5-6MAN: Rock right to right, bring weight back on left foot**

**LADY: Rock left to left, bring weight back on right foot**

**Man passes behind lady while passing arms over lady's head**

**7&8MAN: Cross shuffle right-left-right to left crossing in front of left foot**

**LADY: Cross shuffle left-right-left to right crossing in front of right foot**

**STEP FORWARD, PIVOT ½ TURN, SHUFFLE FORWARD, STEP FORWARD, PIVOT ½ TURN, SHUFFLE FORWARD**

**1-4MAN: Step forward on left, pivot ½ turn right RLOD, shuffle left-right-left forward**

**LADY: Step forward on right, pivot ½ turn left RLOD, shuffle right-left-right forward**

**5-8MAN: Step forward on right, pivot ½ turn left LOD, shuffle right-left-right forward**

**LADY: Step forward on left, pivot ½ turn right LOD, shuffle left-right-left forward**

**WALK 2X (LADY FULL TURN), SHUFFLE FORWARD, WALK 2X, (MAN FULL TURN), SHUFFLE FORWARD**

## Release left hands

**1-2MAN: Walk forward left, walk forward right**

**LADY: Walk forward right, left while completing 1 full turn right**

## Retake skater position

**3&4MAN: Shuffle left-right-left forward**

**LADY: Shuffle right-left-right forward**

## Release right hands

**5-6MAN: Walk forward right, left while completing 1 full turn left**

## Retake skater position

**LADY: Walk forward left, walk forward right**

**7&8MAN: Shuffle right-left-right forward**

**LADY: Shuffle left-right-left forward**

**STEP ¼ TURN, CROSS STEP, SHUFFLE ¼ TURN, ROCK, RECOVER, COASTER STEP**

**1-2MAN: Step left ¼ turn right, step right behind left foot OLOD**

**LADY: Step right ¼ turn left, step left behind right foot ILOD**

**3&4MAN: Shuffle left-right-left ¼ turn left LOD**

**LADY: Shuffle right-left-right ¼ turn right LOD**

**5-6MAN: Rock forward on right, bring weight back on left foot**

**LADY: Rock forward on left, bring weight back on right foot**

**7&8MAN: Step back on right, step left next to right foot, step forward on right**

**LADY: Step back on left, step right next to left foot, step forward on left**

**REPEAT**