

I CAN HELP

LINEDANCE.COM

Count: 48

Wall: 4

Level: beginner/intermediate

Choreographer: Paulette Lindley

Music: I Can Help by Billy Swan

CHASSE RIGHT, ROCK BACK, KICK BALL CHANGE LEFT LEG TWICE, REPEAT TO LEFT

- 1&2** Step right to right, close left beside right, step right to right side
- 3-4** Rock back on left, rock forward on right
- 5&6** Kick left forward, step left beside right, step onto right in place
- 7&8** Kick left forward, step left beside right, step onto right in place
- 9&10** Step left to left, close right beside left, step left to left side
- 11-12** Rock back on right, rock forward on left
- 13&14** Kick right forward, step right beside left, step onto left in place
- 15&16** Kick right forward, step right beside left, step onto left in place

GRAPEVINE RIGHT, STEP ½ PIVOT RIGHT TWICE, REPEAT TO LEFT

- 1-2** Step right foot to right side, cross left behind right
- 3-4** Step right foot to right side, touch left beside right
- 5-6** Step forward on left, pivot ½ turn right
- 7-8** Step forward on left, pivot ½ turn right, option to replace full turn; rock forward on left, recover, rock back on left, recover
- 9-10** Step left foot to left side, cross right behind left
- 11-12** Step left foot to left side, touch right beside left
- 13-14** Step forward on right, pivot ½ turn left
- 15-16** Step forward on right, pivot ½ turn left, option to replace full turn; rock forward on right, recover, rock back on right, recover

SHUFFLE FORWARD RIGHT AND LEFT, ½ MONTEREY TURN RIGHT, REPEAT WITH ¼ MONTEREY RIGHT

- 1&2** Step forward on right foot, close left to right, step forward on right foot
- 3&4** Step forward on left foot, close right to left, step forward on left foot
- 5-6** Tap right to right, turn ½ right closing right to left

- 7-8** Tap left to left, close left to right
- 9&10** Step forward on right foot, close left to right, step forward on right foot
- 11&12** Step forward on left foot, close right to left, step forward on left foot
- 13-14** Tap right to right, turn $\frac{1}{4}$ right closing right to left
- 15-16** Tap left to left, close left to right

REPEAT

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=50985