

Commander

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Count: 64 **Wall:** 4 **Level:** Intermediate

Choreographer: Robert Dangerfield UK (June 2010)

Music: Commander by Kelly Rowland (Single)

Section 1: Kick ball change, kick ball change, jazz box cross

1&2 Start with weight on left, kick right to right diagonal, step right down, step left next to right

3&4 (repeat)

5-6 Cross step right over left, step left back (straightening up to 12.00)

7-8 step right to right, step left across right

Section 2: Side rock, crossing shuffle, hinge half turn, quarter crossing shuffle

1-2 Rock right to right side, recover onto left

3&4 Step right across left, step left behind right, step right across left

5-6 Step left to left side, half turn stepping right down to right side (6.00)

7&8 Step left across right, step right behind left, step left forward on new wall (9.00)

Section 3: Step, scuff, step, scuff, out and in, little jump back, little jump back

1-2 Step right forward, scuff left next to right and through

3-4 Step left forward, scuff right next to left and through

&5 Step right out to right side, step left out to left side

&6 Step right back to centre, step left back to centre

&7&8 Step right backwards, step left next to right, step right backwards, step left next to right

Section 4: Right coaster step, left lock step, step half turn, step a quarter turn with bumps

1&2 Step right back, step left next to right, step right forward,

3&4 Step left forward, step right behind left, step left forward

5-6 Step right forward, step half a turn left stepping left forward (3.00)

7&8& Step right forward making a quarter turn left and bump right hip to right side, bump left hip to left side, bump right hip to right side, bump left hip to left side (12.00)

Section 5: Figure of eight step (full turn), with half turn Monterey

- 1-2** Step right out to right side, step left behind right
- 3-4** Quarter turn right, stepping right to right (3.00), step left forward stepping half a turn right (9.00)
- 5-6** Step right forward taking weight, point left out to left side
- 7-8** Half a turn left stepping left to left, point right out to right side (6.00)

Section 6: Cross, side, quarter cross shuffle, left rock, recover, right coaster step

- 1-2** Cross step right over left, step left behind right
- 3&4** Step right across left, step left behind right, step right across left making a quarter turn (3.00)
- 5-6** Rock left forward, recover onto right
- 7&8** Step left back, step right next to left, step left forward

Section 7: Half turn, point out, step together, full turn, point out step together

- 1-2** Step right forward making half a turn left taking weight onto left (9.00)
- 3-4** Point right to right side, step right next to left
- 5-6** Step left across right making half a turn, step right back making half a turn (9.00)

7-8 point left to left, step left next to right

Section 8: Right lock step, left rock, recover, three half turns, cross, side

- 1&2** Step right forward, step left behind right, step right forward
- 3-4** Rock forward on left, recover back onto right
- 5-6-7** Step left back making half a turn, step right forward making half a turn, step left back making half a turn (3.00)
- 8&** Cross step right over left, step left to left side.

Restart on wall 3 (back wall) and wall 5 (front wall). Dance up to end of section 4 (hip bumps) and restart the dance from the back on wall 3 and the front on wall 5.

Finish the dance on wall 6 at (3.00) after hip bumps, step out right left and raise arms to diagonals