

# Mix It Up

LINEDANCE.COM

**Count:** 32                      **Wall:** 4                      **Level:** Improver

**Choreographer:** Dee Musk (UK) May 2016

**Music:** 'Hair' by Little Mix (feat. Sean Paul) Album: Little Mix

**Track approx 3 mins 54 secs - Track available from [iTunes.co.uk](https://www.apple.com/itunes)**

**#16 Count Intro - Start on vocals - I told my girl.....Start - Approx 12 seconds**

**Diagonal Step, Mambo Step, Behind Side, Diagonal Step, Mambo Step, Back ½ Turn L.**

- 1,2&3**      Step forward on R to R diagonal, rock forward on L, recover weight to R, step back on L.  
(1.30)
- 4&**            Square up to (12.00) stepping R behind L, step L to L side.
- 5,6&7**      Step forward on R to L diagonal, rock forward on L recover weight to R, step back on L.  
(10.30)
- 8&**            Step back on R, make a ½ turn L stepping forward on L to R diagonal. (4.30).

**Diagonal Step, Mambo Step, Behind Side, Diagonal Step, Mambo Step, Behind Side.**

- 1,2&3**      Step forward on R to R diagonal, rock forward on L, recover weight to R, step back on L.  
(4.30)
- 4&**            Square up to (3.00) stepping R behind L, step L to L side.
- 5,6&7**      Step forward on R to L diagonal, rock forward on L, recover weight to R, step back on L.  
(1.30).
- 8&**            Square up to (12.00) stepping R behind L, step L to L side. (12.00).

**Cross, Back Side Cross, Back Side, Step, Mambo Step, Coaster Step.**

- 1,2&3**      Cross R over L, step back on L, step R to R side, cross L over R.
- 4&5**            Step back on R, step L to L side, step forward on R.
- 6&7**            Rock forward on L, recover weight to R, step back on L.
- 8&1**            Step back on R, close L beside R, step forward on R. (12.00).

**Step ¼ Cross Turn R, Hinge ½ Cross Turn L, Back Side, Diagonal Step, Diagonal Run, Run.**

- 2&3**            Step forward on L, make a ¼ turn R, cross L over R.

- 4&5** Make a ¼ turn L stepping back on R, make a ¼ turn L stepping L to L, cross R over L.
- 6&7** Step back on L, step R to R side, step forward on L to R diagonal (10.30).
- 8&** Run forward R, L. (10.30).

### **Tag 1 danced end of walls 1 & 3.**

#### **Diagonal Step, Mambo Step, Run Back R, L, R, Coaster Step, Run Forward R, L.**

- 1,2&3** Step forward on R to R diagonal, rock forward on L, recover weight to R, step back on L.
- 4&5** Run back R, L, R.
- 6&7** Step back on L, close R beside L, step forward on L.
- 8&** Run forward R, L.

### **Tag 2 danced end of wall 2.**

#### **Diagonal Step, Mambo Step, Back Together.**

- 1,2&3** Step forward on R to R diagonal, rock forward on L, recover weight to R, step back on L.
- 4&** Step back on R, close L beside R.

### **Dance Ends Facing The Front - Ta Dah !!**

**Enjoy**

**Last Update - 1st May 2016**