

# In The Blood

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**Count:** 32                      **Wall:** 4                      **Level:** Intermediate

**Choreographer:** Tessa Jansen NL (August 2017)

**Music:** "In The Blood" by John Mayer (iTunes)

## **Intro: 16 counts**

### **Section 1: R Shuffle Fwd, Cross, 1/8 Turn L Back, Back, Back, 1/8 Turn L Side, Cross, Side, Cross Rock, Side**

- 1&2**            Step Fwd on RF, Step LF next to RF, Step Fwd on RF
- 3&4**            Sweep LF from back to front and Cross LF over RF, 1/8 Turn L Step Back on RF, Step Back on LF (10.30)
- 5&6**            Step Back On RF, 1/8 Turn L Step LF to L Side, Cross RF Over LF (9.00)
- &7-8&**        Step LF to L Side, Cross Rock RF, Recover on LF, Step RF to R Side

### **Section 2: Cross, Side, Back, Coaster Step, 1/2 Pivot R, 1/2 Turn R Back, 3x Walk Back**

- 1&2**            Cross LF over RF, RF Step to R Side, Step Back on LF
- 3&4**            Sweep RF From Front to Back and Step Back on RF, Step LF next to RF, Step Fwd on RF
- 5&6**            Step Fwd on LF, 1/2 Pivot Turn R, 1/2 Turn R Step Back on LF (09.00)

### **7&8 3x Walk Back R,L,R**

### **Section 3: Back Rock/Recover, R 1/2 Turn Back, 1/4 Turn R Chassé, Cross Rock, Side Rock, 1/4 Turn L Jazzbox**

- 1&2**            Back Rock on LF, Recover on RF, 1/2 Turn R Step Back on L (03.00)
- 3&4 1/4 Turn R Step R to R Side, Step LF next to RF, Step RF to R Side (06.00)**
- 5&**            Cross Rock LF over RF, Recover on RF
- 6&**            Rock LF to L Side, Recover on RF
- 7&8**            Cross LF Over RF, 1/4 Turn L Step Back on RF, Step Fwd on LF

### **Section 4: 2 Traveling Touches, Shuffle, Rock/Recover, 1/2 Turn L Fwd, Full Turn L**

- 1&2&**        Touch R Toe Fwd, Step RF Fwd, Touch L Toe Fwd, Step LF Fwd (Travel Slightly Fwd)
- 3&4**            Step RF Fwd, Step LF next to RF, Step RF Fwd
- 5&6**            Rock LF Fwd, Recover on RF, 1/2 Turn L Step LF Fwd

**7-8½ Turn L Step RF Back, ½ Turn L Step LF Fwd (09.00) (Option: 2 Walks; R, L)**

**TAG: You will hear it very easy. :-)**

**After Walls 1,2,3,4,5**

**Wall 1,3:**

**1-2** Hip Sway R, Hip Sway L

**3-4&R Rock Fwd, Recover On L, Step R next to L**

**5-6&L Rock Fwd, Recover On R, Step L next to R**

**Wall 2,4,5:**

**1-2** Hip Sway R, Hip Sway L

**ENDING: Wall 9 starts at 00.00**

**Dance until count 6 from Section 2 you will be facing 9.00;**

**¼ Turn R make a big step with RF to R side, drag LF towards RF and you will face 00.00**

**Contact: Tessa Jansen - t.jansen1808@gmail.com - 0031682270042**

**Last Update - 19th Aug 2017**