

BIT OF LIFE

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Count: 40 **Wall:** 4 **Level:** beginner/intermediate

Choreographer: Dawn Rathbun

Music: A Little Bit Of Life by Craig Morgan

Start the dance with the vocals 16 Counts in. He will say "little bit of". Start here.

TOE STRUT, CROSS ROCK, FULL TURN LEFT, ROCK

- 1-2 Touch right toe to right side, drop heel
- 3-4 Cross left over right, recover weight back to right
- 5&6 Step forward $\frac{1}{4}$ turn left on left, step back $\frac{1}{4}$ turn left on right, step side $\frac{1}{2}$ turn left on left
- 7-8 Cross right over left, recover weight back to left

Easier option for counts 5&6 is shuffle side left, right, left

TOE STRUT, ROCK, FULL TURN LEFT, SKATE FORWARD, SKATE FORWARD

- 1-2 Touch right toe to right side, drop heel
- 3-4 Cross left over right, recover weight back to right
- 5&6 Step forward $\frac{1}{4}$ turn left on left, step back $\frac{1}{4}$ turn left on right, step side $\frac{1}{2}$ turn left on left
- 7-8 Skate forward right, left

Easier option for counts 5&6 is shuffle side left, right, left

SHUFFLE FORWARD, $\frac{1}{2}$ TURN SYNCOPATED ROCK, LOCK STEP, SHUFFLE FORWARD

- 1&2 Step forward right, slide left to instep of right, step forward right
- 3&4 Step forward left, recover weight back on right, step forward $\frac{1}{2}$ turn left on left
- 5-6 Step forward right, lock left behind right
- 7&8 Step forward right, slide left to instep of right, step forward right

STEP DIAGONAL TOUCH, $\frac{1}{4}$ STEP FORWARD TOUCH, $\frac{1}{4}$ BACK TOUCH, STEP TOUCH

- 1-2 Step diagonal left, touch right next to left
- 3-4 Step forward $\frac{1}{4}$ turn right on right, touch left next to right
- 5-6 Step back $\frac{1}{4}$ turn right on left, touch right next to left
- 7-8 Step diagonal right, touch left next to right

¼ TURN MODIFIED JAZZ BOX, SYNCOPATED ROCK SIDE CROSS, STEP SIDE, STEP BEHIND

- 1-2** Cross left over right, step back ¼ left stepping right
- 3-4** Step back left, cross right over left
- 5&6** Step side left, recover weight back on right, cross left over right
- 7-8** Step side right, cross left behind right

REPEAT