

# Heaven In My Arms

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**Count:** 48

**Wall:** 2

**Level:** Phrased Intermediate (slow waltz)

**Choreographer:** Ivy Low (Nov 2013)

**Music:** Heaven In My Arms by Carola Haggkvist

**Sequence: AABB Tag 1, AABB, AA Tag 2, AABB, Tag 2, A**

**Intro: 2 x 6 (12 counts)**

**PART A - 24 counts**

**BACK TWINKLE, BEHIND SIDE CROSS, 3/4 R TURN FORWARD, 3/8 L BACK LOCKSTEP, 1/2 L FORWARD**

- 1 2 3** Step LF diagonally behind (facing 10:30) RF rock side, recover on LF (1:30)
- 4 5 6** Cross RF behind LF, step LF to left, cross RF over LF (12:00)
- 1 2 3** Make a 1/4R turn by stepping back on LF (3:00), make a 1/2R turn stepping forward RF, step LF forward (9:00)
- 4&5 6** Make a 3/8L turn stepping back on RF (facing 4:30), lock LF front of RF, step back RF, make a 1/2L turn by stepping LF forward (10:30)

**ROCK RECOVER 1/2 R TURN, WALK WALK WALK, STEP SWEEP 3/4 R, PRESS RECOVER SWEEP 3/4 L**

- 1 2 3** Rock RF forward, recover LF, 1/2R turn stepping RF forward (4:30)
- 4 5 6** Walk forward LF, RF, LF (4:30)
- 1 2 3** Step RF forward and sweep LF clockwise face front wall (12:00)
- 4 5 6** Press LF forward, recover RF and sweep LF 3/4 left touching LF to side (6:00)

**PART B - 24 counts**

**LEFT TWINKLE, 1/2 R TWINKLE, LEFT TWINKLE, 1/2 R TWINKLE**

- 1 2 3** Cross LF over RF, step RF to side, recover on LF (12:00)
- 4 5 6** Cross RF over LF, step back LF 1/4R turn, step RF to side making 1/4R turn (6:00)
- 1 2 3** Cross LF over RF, step RF to side, recover on LF (6:00)
- 4 5 6** Cross RF over LF, step back LF 1/4R turn, step RF to side making 1/4R turn (12:00)

## **FORWARD LF 1/4 R TURN, KICK, 1/2 L TURN, STEP HITCH 1/4 R TURN, WEAVE R, SWEEP 1/2 R**

- 1 2 3** Step LF forward 1/4R turn, kick RF forward with straight knee (3:00) On LF turn body 1/2L leaving RF extended at the back (facing 9:00)
- 4 5 6** Step RF forward (9:00), execute a 1/4R turn on RF and hook LF into a Figure 4 over 2 counts (12:00)
- 1 2 3** Cross LF over RF, step RF to side, cross LF behind RF (12:00)
- 4 5 6** Step RF to side, execute a 1/2R turn and sweep LF over 2 counts (facing 6:00)

### **TAG 1**

#### **WEAVE RIGHT, POINT, HOLD, SWING BACK, SWAY LEFT, SWAY RIGHT**

- 1 2 3** Cross LF over RF, step RF to side, cross LF behind RF
- 4 5 6** Step RF to side, point LF across RF, hold
- 1 2 3** Swing LF back (straight knee), step down LF swaying left, sway to the right

### **TAG 2**

#### **3 CURVED FEATHER WALKS, SPIRAL FULL TURN LEFT, 3 CURVED FEATHER WALKS, SPIRAL FULL TURN LEFT**

- 1 2 3** Walk 3 steps forward curving left starting with LF (9:00)
- 4 5 6** Continuing the curve: step RF forward and spiral full turn L, step LF forward, step RF forward (6:00)
- 1 2 3** Walk 3 steps forward curving left starting with LF (3:00)
- 4 5 6** Continuing the curve: step RF forward and spiral full turn L, step LF forward, step RF forward (12:00)

**Note: You are walking a full circle in these 12 counts.**

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