

# Paradise Reggae (On Cruiseship Upper Deck)

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**Count:** 32

**Wall:** 4

**Level:** Beginner - Reggae

**Choreographer:** Ivan Mao (US) June, 2013

**Music:** "Isle of Paradise (Radio Edit)" by Bluelagoon. [ "Isle of Paradise-EP" album]

**Intro: 16 heavy beats, approx. 20 sec. into the music.**

**FWD CROSS MAMBO. BACK CROSS MAMBO. SLIDE R, STEP. FREE STYLE**

- 1&2** Step/rock Rf cross in front of Lf. Recover onto Lf. Step Rf to R.
- 3&4** Step/rock Lf cross behind Rf. Recover onto Rf. Step Lf to L.
- 5, 6** Slide and step Rf long to R. Slide Lf next to Rf and take weight on both feet.
- 7, 8** For these 2 counts, go wild with Calypso-ish free style with sway, wiggle, rock, roll, twist, shimmy, and/or bob. (12:00)

**FWD CROSS MAMBO. BACK CROSS MAMBO. SLIDE L, STEP. FREE STYLE**

- 1&2** Step/rock Lf cross in front of Rf. Recover onto Rf. Step Lf to L.
- 3&4** Step/rock Rf cross behind Lf. Recover onto Lf. Step Rf to R.
- 5, 6** Slide and step Lf long to L. Slide Rf next to Lf and take weight on both feet.
- 7, 8** For these 2 counts, go wild with Calypso-ish free style with sway, wiggle, rock, roll, twist, shimmy, and/or bob. (12:00)

**WALK FWD 2 STEPS, MAMBO R. WALK BACK 2 STEPS, MAMBO L.**

- 1, 2** Walk fwd Rf, Lf. (Option: Mash-potato fwd)
- 3&4** Rock/step Rf to R. Recover onto Lf. Step Rf next to Lf.
- 5, 6** Walk back Lf, Rf. (Option: Mash potato back)
- 7&8** Rock/step Lf to L. Recover onto Rf. Step Lf next to Rf. (12:00)

**VINE R, TOUCH. VINE L 1/4 TURN, TOUCH.**

- 1,2,3,4** Step Rf to R. Cross Lf behind Rf. Step Rf to R. Touch Lf next to Rf.

**(Option: Rolling vine R with a touch and a clap)**

**(Option: As Lf touch next to Rf on count 4, body bend slightly to R and clap hands waist high to R.)**

**5,6,7,8** Step Lf to L. Cross Rf behind Lf. Turn 1/4 L stepping Lf fwd. Touch Rf next to Lf. (9:00)

**(Option: Clap hands 2X on counts &8).**

**(Option: Rolling vine 1¼ L with a touch and clap 2X on count &8.)**

**START OVER**

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