

Balance

LINEDANCE.COM

Count: 64 **Wall:** 2 **Level:** Intermediate

Choreographer: The Girls (Maureen & Michelle)

Music: 'A Balance To All Things' by Toploader (135 bpm)

Start 32 counts into track.

KICK-BALL-BACK, BACK, BEHIND ½ UNWIND, STEP, ½ PIVOT, SHUFFLE

- 1&2** Kick right forward, step right back, step left back
- 3-4** Step right back, touch left back & unwind ½ turn left
- 5-6** Step right forward, pivot ½ turn left
- 7&8** Shuffle forward stepping right, left, right

FULL TURN, STEP, ¼ PIVOT, CROSS, SIDE, BACK ROCK

- 9-10** Make ½ turn right and step left back, make ½ turn right and step right forward
- 11-12** Step left forward, pivot ¼ turn right
- 13-14** Step left across right, step right to right
- 15-16** Rock left behind right, recover onto right

KICK-BALL-CROSS, SIDE, BEHIND, KICK-BALL-CROSS, BALANCE STEP

- 17&18** Kick left to left, step left to left, step right across left
- 19-20** Step left to left, step right behind left
- 21&22** Kick left to left, step left to left, step right across left
- 23-24** Touch left to left rising onto toes, transfer weight from right to left and lower heels

(Spread arms out to sides during counts 23-24 as if balancing)

BACK ROCK, ¼ TURN, SHUFFLE, ½ SPIN TURN-BACK, BACK ROCK, ¼ SPIN TURN-SIDE

- 25-26** Rock right behind left, recover onto left
- 27&28** Make ¼ turn right and shuffle forward stepping right, left, right
- 29-30** Spin ½ turn right and step left back, rock right back
- 31-32** Recover onto left, spin ¼ turn left and step right to right

BEHIND, SIDE, CROSS SHUFFLE, SIDE, TOUCH, CHASSE ¼ TURN

- 33-34** Step left behind right, step right to right
- 35&36** Step left across right, step right to right, step left across right
- 37-38** Step right to right, touch left beside right & click fingers to right
- 39&40** Step left to left, step right beside left, make $\frac{1}{4}$ turn left & step left forward

STEP, FULL SPIN TURN, STEP, SWEEP, ROCK, $\frac{3}{4}$ TURN

- 41-42** Step right forward, spin full turn left hooking left across right
- 43-44** Step left forward, sweep right from back to front
- 45-46** Rock forward on right, recover onto left
- 47-48** Make $\frac{1}{2}$ turn right & step right forward, make $\frac{1}{4}$ turn right & step left to left

BEHIND, SIDE, CROSS SHUFFLE, SIDE, TOUCH, $\frac{1}{4}$ TURN, SWEEP

- 49-50** Step right behind left, step left to left
- 51&52** Step right across left, step left to left, step right across left
- 53-54** Step left to left, touch right beside left & click fingers to left
- 55-56** Make $\frac{1}{4}$ turn right & step right forward, sweep left from back to front

CROSS, BACK, TOGETHER, POINT, TOUCH, WALKS, STEP, LARGE STEP, TOUCH

- 57-58** Step left across right, step right back
- &59-60** Step left beside right, point right to right, touch right beside left
- 61-62** Walk forward stepping right, left
- &63-64** Step right beside left, step left large step to left, touch right beside left

Contact: thegirls2ms@hotmail.com