

# Be No Me

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**Count:** 64

**Wall:** 2

**Level:** Intermediate

**Choreographer:** Dom Yates (May 10)

**Music:** Los Angeloser by Meatloaf

## Intro: 32 Counts from Start of Music

### Walk, Walk, Out, Out, In, Cross, $\frac{1}{4}$ Turn, $\frac{1}{2}$ Turn, Coaster Step

**1,2** Walk forward right, left

**&3&4** Step out right, step out left, step in right, cross left over right

**5,6  $\frac{1}{4}$  turn right stepping forward on right,  $\frac{1}{2}$  turn right stepping back on left**

**7&8** Step back on right, together with left, step forward on right (9.00)

### Toe Switches Forward and Side, Back Rock (With Prep), 1 $\frac{1}{4}$ Turn

**1&2&** Touch left toe forward, step left in place, touch right toe to side, step right in place

**3&4** Touch left toe to side, step left in place, touch right toe forward

**5,6** Rock back on right angling body to right (preparing to turn), recover onto left straightening up

**7&8  $\frac{1}{2}$  turn left stepping back on right,  $\frac{1}{2}$  turn left stepping forward on left,  $\frac{1}{4}$  turn left stepping right to side (6.00)**

### Back Rock Side, Weave, Side, Sailor $\frac{1}{4}$ Right, Step

**1&2** Rock back on left, recover onto right, step left to side

**3&4** Cross right behind left, step left to side, cross right over left

**5,6&7** Step left to side, cross right behind left, step left next to right making  $\frac{1}{4}$  turn right, step right in place

**8** Step forward on left (9.00)

### Kick Ball Point x2, Cross, $\frac{1}{4}$ Right, Coaster Step

**1&2** Kick right foot forward, step onto right, point left to side

**3&4** Kick left foot forward, step onto left, point right to side

**5,6** Cross right over left, make  $\frac{1}{4}$  turn right stepping back on left

**7&8** Step back on right, step left next to right, step forward on right (12.00)

### **Ball Step Touch, Ball Heel, Ball Touch, Walk Back, Sailor ½ Left Cross**

- &1,2** Step left next to right, step forward on right, touch left next to right
- &3&4** Step left in place, touch right heel forward, step right in place, touch left next to right
- 5,6** Walk back left, right
- 7&8** Cross left behind right making ¼ turn left, step right in place making ¼ turn left, cross left over right (6.00)

### **\*RESTART: Wall 5 Restart Here (Facing 6.00)**

### **Side Rock, Weave, Side Rock, Sailor ½ Left Cross**

- 1,2** Rock right to side, recover onto left
- 3&4** Cross right behind left, step left to side, cross right over left
- 5,6** Rock left to side, recover onto right
- 7&8** Cross left behind right making ¼ turn left, step right in place making ¼ turn left, cross left over right (12.00)

### **Ball Cross, Toe Switches, ½ Monterey Turn, Side Mambo, Touch, Step Back**

- &1,2** Step right to side, cross left over right, point right to side
- &3,4** Step right next to left, point left to side, make ½ turn left stepping left next to right
- 5&6** Rock right to side, recover onto left, step forward on right
- 7,8** Touch left toe forward, step back on left (6.00)

### **Coaster, Mambo ½ Turn, Shuffle ½ Turn, Back Rock, Ball Step**

- 1&2** Step back on right, step left next to right, step forward on right
- 3&4** Rock forward on left, recover onto right, make ½ turn left stepping forward on left
- 5&6** Make ¼ turn left stepping right to side, slide left up to right, make ¼ turn left stepping back on right
- 7,8&** Rock back on left, recover onto right, step left next to right (6.00)

### **RESTART: ON Wall 5 Restart After 40 Counts (Walk Back, Sailor ½ Left). You Will Restart Facing 6.00 O'Clock Wall**