

# Coastin'

LINEDANCE.COM

**Count:** 40      **Wall:** 4      **Level:** Beginner / Intermediate

**Choreographer:** Ray Yeoman & Tina Yeoman

**Music:** - Ronan Hardiman

## WALK RIGHT, LEFT, KICK RIGHT, COASTER, KICK BALL CHANGE

- 1-2      Step right forward, step left forward
- 3-4      Kick right forward, step right back
- 5&6      Step left back, step right together, step left forward
- 7&8      Kick right forward, step right together, step left in place
- 9-16      Repeat 1-8

## IRISH HEEL/TOE TOUCHES (TWICE, RIGHT THEN LEFT)

**Place hands on hips during next 16 counts (as per chorus line in "Lord of the Dance")**

- 17&18      Touch right heel forward, step right together, touch left toe together
- 19&20      Touch left heel forward, step left together, touch right toe together
- 21-24      Repeat 17-20

## RIGHT FORWARD, SIDE, TRIPLE (RIGHT THEN LEFT)

- 25-26      Touch right heel forward, touch right heel to side
- 27&28      Triple in place right, left, right
- 29-30      Touch left heel forward, touch left heel to side
- 31&32      Triple in place left, right, left

## RIGHT STEP TO RIGHT, SLIDE, TURN $\frac{1}{4}$ SHUFFLE, STEP, PIVOT, SHUFFLE

**(Remove hands from hips now)**

- 33-34      Step right to side, slide/step left together (clap)
- 35&36      Shuffle side turning  $\frac{1}{4}$  right and step right, left, right
- 37-38      Step left forward, turn  $\frac{1}{2}$  right (weight to right)
- 39&40      Shuffle forward left, right, left

## REPEAT

**The biggest problem with this dance is fitting the music! The recommended track increases tempo, somewhat erratically. Start the dance at time: 1:06:50**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=60412](https://www.linedance.com/index.php?f=dance_view&id=60412)