

Boom Banga Banga

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Count: 32 **Wall:** 4 **Level:** High Improver

Choreographer: Barbara Seelt (NL) and Adam Åstmar (SE).

Music: "Buzzkill" by FO&O (2:53) ~ 167 bpm

Intro: 16 Counts (approx. 6 seconds)

Sect - 1: R Scuff. R Step. R Heel Swivel. Lean L, R, L, R

1 - 2(1) Scuff RF forward. (2) Step forward on RF.

3 - 4(3) Swivel R heel to the right. (4) Swivel R heel back in place.

5 - 6(5) Turn upper body slightly to the left diagonal and lean back on L. (6) Hold.

7 - 8(7) Keep body to the diagonal and lean forward on R. (8) Lean back on L.

1(1) Lean forward on R.

Option counts 5-1: Use shoulders pushing back-forward and follow the chorus to lower upper body slightly down

Sect - 2: L Hitch Forward. L Rock Forward. R Recover. L Back. 1 / 4 Hitch. R Big Side Step. L Drag

2 - 3(2) Hitch L forward. (3) Rock forward on LF.

4 - 5(4) Recover on RF. (5) Step back on LF.

6 - 7(6) Turn 1 / 4 to the right while hitching R. (7) Take a big step to the right. {3:00}

8(8) Drag LF to RF

Sect - 3: L Cross. R Side. L Behind. 1 / 4 R. L Forward. 1 / 4 Pivot Turn R. Heel bounce x2

1 - 2(1) Cross LF over RF. (2) Step to the right on RF.

3 - 4(3) Step LF behind RF. (4) Turn 1 / 4 to the right stepping forward on RF. {6:00}

5 - 6(5) Step forward on LF. (6) Pivot turn 1 / 4 to the right ending with weight on both feet, shoulder width apart. {9:00}

7 - 8(7, 8) Bounce heels twice.

Sect - 4: R Stomp Diagonally Back. Hitch L & Swipe Hands. L Stomp Diagonally Back. Hitch R & Swipe Hands

1 - 2(1) Stomp diagonally back on RF. (2) Hitch L and turn slightly to the left diagonal, swipe hands, right going down and left going up.

3 - 4(3) Keep L hitched and swipe hands, right going up and left going down. (4) Stomp diagonally back on LF.

5 - 6(5) Hitch R and turn slightly to the right diagonal, swipe hands, right going down and left going up. (6) Keep R hitched and swipe hands, right going up and left going down.

7 - 8(7) Rock back on RF. (8) Recover on LF.

Tag 1 after wall 2: Repeat last 8 counts of the dance.

Tag 2 after wall 10: Rocking Chair.

1 - 2(1) Rock forward on RF. (2) Recover on LF.

3 - 4(3) Rock back on RF. (4) Recover on LF.

Have fun!

Contact: adam.astmar@gmail.com, barbaraseelt@gmail.com