

# Mama Take Me Home

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**Count:** 32      **Wall:** 4      **Level:** Improver

**Choreographer:** Siara Vigante (Nov 2013)

**Music:** Mama Take Me Home by Rednex

## STEP, SIDE ROCK, ACROSS, BACK LOCK STEP, ¼ TURN LEFT STEP, ¼ TURN STEP, TOUCH BEHIND

**1-2&3**      Step R forward, step L to L, step R in place, step L across R

**4&5**      Step R back, step L lock across R, step R back

**6-7-8¼ turn L and step L forward, ¼ turn L and step R to R, point L behind R**

**On count 8 you can click both your fingers to right side**

## SIDE TOE STRUT, ACROSS TOE STRUT, ¼ TURN AND L SHUFFLE FORWARD, STEP, ½ TURN

**1-2-3-4**      Touch L toe to L, step heel down, touch R toe across L, step heel down

**Here you can shimmy your shoulders**

**5&6¼ turn L and step L forward, step R beside L, step L forward**

**7-8**      Step R forward, ½ turn L and step R in place

## CHARLESTON STEP, SHUFFLE, STEP, ½ TURN AND STEP TOGETHER

**1-2-3-4**      Touch R forward, step R back, touch L back, step L forward

**5&6**      Step R forward, step L beside R, step R forward

**7-8**      Step L forward, ½ turn R on Left and step R beside L (here feet are on V position)

## TRAVELING APPLEJACKS RIGHT, TRAVELING APPLEJACKS LEFT

**1**      With weight on L heel and ball of R foot, swivel L toe to R and R heel to R

**&**      With weight on R heel and ball of L foot, swivel R toe to R and L heel to R

**2**      With weight on L heel and ball of R foot, swivel L toe to R and R heel to R

**&**      Hold and Clap hands

**3**      With weight on L heel and ball of R foot, swivel L toe to L and R heel to L

**&**      With weight on L ball and heel of R foot, swivel L heel to L and R toe to L

**4** With weight on L heel and ball of R foot, swivel L toe to L and R heel to L

**&** Hold and Clap hands

**5-6-7-8** Step R forward,  $\frac{1}{4}$  turn L and step L in place, step R forward,  $\frac{1}{4}$  turn L and step L in place

**REPEAT**

**TAG: After wall 7**

**JAZZ TRIANGLE IN PLACE**

**1-2-3-4** Step R across L, step L back, step R to R, step L beside R

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