

Feel Good

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Count: 32 **Wall:** 2 **Level:** Novice - Polka

Choreographer: LADC - Lionel Cuvelier , Aline Duriez - APRIL 2015

Music: "Feel Good Song Of The Year" by Old Man Markley

Section 1: Side rock, behind, side, cross, Shuffle Left Side, rock step backward

- 1-2 Rock Right Side, Recover To Left
- 3&4 Cross Right Behind, Step Left side, Cross Right Over
- 5&6 Chassé Side Left-Right-Left
- 7-8 Rock Right Back, Recover To Left

Section 2: Galop x3, Step, scuff, hitch, 1/4 turn, stomp x2

- 1&2& Step Right Forward, Step Left Together, Step Right Forward, Step Left Together
- 3&4 Step Right Forward, Step Left Together, Step Right Forward
- 5&6 Scuff Left Heel, Turn 1/4 right while Hitching Left Knee, Cross Left Over
- 7-8 Stomp Right, Stomp Left (Restart Here on wall 3 and 6)

Section 3: Kick ball cross twice, side rock, behind side cross

- 1&2 Right Kick Ball cross
- 3&4 Right Kick Ball cross
- 5-6 Rock Right Side, Recover To Left
- 7&8 Cross Right Behind, Step Left Side, Cross Right Over

Section 4: Step turn, kick ball change, scuff, hitch, stomp

- 1-2 Step Left Forward, Hold (On wall 11, end part)
- 3-4 Turn 1/2 right, Recover To Right
- 5&6 Left Kick Ball Change
- 7&8 Scuff Left Heel, Hitch Left Knee, Stomp Left

Intro After First Lyrics (Nearly 13 sec)

Section 1: Slide, rock step x2

- 1-4 Slide Right, Hold, Rock Left Back, Recover To Right

5-8 Slide Left, Hold, Rock Right Back, Recover To Left

Section 2: Toe strut x2, step turn, scuff, hitch, touch

1-4 Step Right forward on toes, Step down on Right Heel, Step Left forward on toes, Step down on Left Heel

5-6 Step Right Forward, Turn 1/2 Left recovering Left

7&8 Scuff Right Heel, Hitch Right Knee, Together

Section 3: Same Section 1

Section 4: Same Section 2

Restart 1: On wall 3 after 16 Count

Tag 1: After Wall 4

Section 1: Side rock, behind, side, cross, x2

1-2 Rock Right Side, Recover on Left

3&4 Step Right Behind, Step Left Side, Step Right Over

5-6 Rock Left Side, Recover on Right

7&8 Cross Left Behind, Step Right Side, Cross Left Over

Restart 2: On Wall 6 after 16 Count

Tag 2: After Wall 10 : Same as Intro

End: On Wall 11 after 26 Count

3-4 Turn 1/4 right, Recover To Right

5& Stomp Left, Stomp Right

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