

A Thousand Years

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Count: 48 **Wall:** 4 **Level:** Intermediate

Choreographer: Bill Larson , (Jan 2012)

Music: 'A Thousand Years' by Christina Perri. CD: The Twilight Saga – Breaking Dawn (4:45 -150 bpm)

Weight on Right: Start 48 counts in on vocals.

Section 1: Fwd Drag Hold, Back. Turn Cross

1,2,3 Step R fwd, Drag L up behind R, Hold

4 Step Back on L

5,6with 1/4 turn R Step R to side (3:00) Cross L over R

Section 2: Side Behind Side, Side Behind Turn

1,2,3 Step R to side, Step L behind R, Step R to side

4,5 Step L to side, Step R behind L

6with 1/4 turn L Step L fwd (12:00)

*** Restart on Wall 4 (3:00)**

Section 3: Turn Lunge Drag, Behind Turn Recover

1with 1/4 turn L Lunge Step R to side (9:00)

2,3 Drag L up to R (2 Counts)

4,5 Step L behind R, with 1/4 turn R Step R fwd (12:00)

6 Recover weight back onto L

Section 4: Turn 1/2 R, Roll fwd Full Turn R, Cross Samba

1with 1/2 turn R (6:00) Step R fwd

2,3completing a full turn R, Step fwd L, R

4 Cross/Step L over R

5,6 Step R to side, Step weight back onto L

Section 5: Step Slow Sweep, Cross Samba

1,2,3 Cross/Step R over L, Sweep L out to side (2 counts)

Optional Variation: For first 3 Counts Step R fwd, completing a full turn R, Step fwd L, R

4 Cross/Step L over R

5,6 Step R to side, Step weight back onto L

Section 6: Fwd Coaster, Step Back Back Back

1,2,3 Step R fwd, Step L beside R, Step back on R

4,5,6 Step Back L, R, L

Section 7: Turn Lunge / Drag Touch, Lunge / Drag Touch

1with 1/4 turn R Step R to side (9:00)

2,3 Drag L up beside R, Touch L beside R

4 Step L to side

5,6 Drag R up beside L, Touch R beside L

Section 8: 1/2 Turn Waltz Basic, 1/2 Turn Waltz Basic

1 Step R fwd

2,3with 1/2 turn R (3:00) Step back on L, Step R beside L

4 Step back on L

5,6with 1/2 turn R (9:00) Step R fwd, Step L beside R

Restart: After wall 3 (facing 3:00) Dance counts 1 - 12* , then restart the dance (facing 3:00)

Suggested Finish: Complete last wall to finish facing front, then add counts 1-3 of Section 1 to dance the music out

Enjoy!