

Count: 32

Wall: 4

Level: beginner/intermediate

Choreographer: Bryan McWherter

Music: Days In Avalon by Richard Marx

CROSS ROCK, RECOVER, STEP, CROSS ROCK, RECOVER, STEP, CROSS STEP, $\frac{3}{4}$ TURN, CROSS ROCK, RECOVER, STEP

- 1&2** Cross rock right foot in front of left, recover weight back to left, step right slightly out to right side
- 3&4** Cross rock left foot in front of right, recover weight back to right, step left slightly out to left side
- 5&6** Cross step right in front of left making a $\frac{1}{4}$ turn to your left, step back onto your left making a $\frac{1}{2}$ turn to your right, step right out to the right side making a $\frac{1}{4}$ turn to your right
- 7&8** Cross rock left foot in front of right, recover weight back to right, step left slightly out to left side

Count 5 is a prep for your turn.

BUMP, BUMP, $\frac{1}{4}$ TURN, $\frac{1}{2}$ TURN, COASTER STEP, SHUFFLE FORWARD

- 1-2** Bump right hip out to right side, bump left hip out to left side
- 3-4** Step right forward while making a $\frac{1}{4}$ turn to your right, step left forward while making a $\frac{1}{2}$ turn to your right
- 5&6** Step back onto right, slide step left back next to right, step forward onto right
- 7&8** Step forward onto left, slide step right next to left, step forward onto left

Arm styling option: on counts 1-2 swing both arms to the right on count 1, then to the left on count 2

ROCK, RECOVER, ROCK, RECOVER, LONG STEP, DRAG, TOUCH, ROCK, RECOVER, ROCK, RECOVER, LONG STEP, DRAG, TOUCH

- 1&2&** Rock right forward, recover back to left, rock right back, recover forward left
- 3-4** Long step right out to right side, drag left next to right and touch
- 5&6&** Rock left forward, recover back to right, rock left back, recover forward to right
- 7-8** Long step left out to left side, drag right next to left and touch

ROCK, RECOVER, COASTER STEP, ROCK, RECOVER, TRIPLE TURN

- 1-2** Rock right forward, recover back to left
- 3&4** Step back onto right, step left next to right, step forward onto right
- 5-6** Rock left forward, recover back to right
- 7&8** Step forward onto left foot making a $\frac{1}{2}$ turn to your left, step forward onto your right foot making a $\frac{1}{2}$ turn to your left, step forward onto your left foot making a $\frac{1}{2}$ turn to your left

Option: on counts 7&8 you can do a simple $\frac{1}{2}$ turn shuffle

REPEAT