

# D&J SWING

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**Count:** 56      **Wall:** —      **Level:** —

**Choreographer:** Doreen Francis

**Music:** Too Much Drink (Not Enough Sleep) by The Fantastic Shakers

**Position:** Mirror Image. Start in Closed Swing position (Hands in Cup & pin hold)

## BASIC SWING IN CLOSED FACING LOD

### MAN

1&2      Triple step left, right, left (moving slightly forward LOD)

3&4      Triple step right, left, right (in place)

5-6      Rock step left, right

## LADY ½ TURN RIGHT UNDER MANS LEFT ARM TO TWO HAND HOLD

### MAN

1&2      Triple step (in place)

3&4      Triple step

5-6      Rock step

### LADY

**1&2-3&4½ turn right on triple step, triple step, ends facing man RLOD**

5-6      Rock step

## LADY FULL TURN RIGHT TO HAMMERLOCK

**Man raises left hand and lowers right. Moving forward**

1&2      Triple step

3&4      Triple step

5-6      Rock step (man forward, lady back)

**Lady behind man to left open promenade man releases lady's left hand**

## TRIPLE STEP TRIPLE STEP WALK WALK

1&2      Triple step (moving slightly to right)

- 3&4 Triple step
- 5 Step back
- 6 Step back (now holding inside hands)

### **KICK KICK SWIVEL**

- 1-2 Kick left forward replace
- 3-4 Kick right forward replace
- 5-6 Swivel heels left back to center

### **DO IT AGAIN**

- 1-2 Kick left forward replace
- 3-4 Kick right forward replace
- 5-6 Swivel heels left back to center

### **MOVING FORWARD LOD. LEFT OPEN PROMENADE**

- 1&2 Triple step forward
- 3&4 Triple step forward
- 5-6 Forward rock step

### **CHANGE SIDES TRIPLE STEP ROCK STEP TRIPLE STEP ROCK STEP**

- 1&2 Triple step to left behind lady releasing lady's right hand
- 3-4 Take lady's left hand & rock step
- 5&6 Triple step to right behind lady release left hand take right
- 7-8 Rock step

### **LADY FULL TURN RIGHT IN FRONT OF MAN TO CLOSED SWING ON MANS RIGHT, FACE LOD**

- 1&2 Triple step keep hold of lady's hand. (moving slightly to left)
- 3&4 Triple step bring lady to closed swing on right side
- 5-6 Rock step

### **REPEAT**