

# Beautiful - Lana

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**Count:** 32                      **Wall:** 4                      **Level:** Improver

**Choreographer:** Annemaree Sleeth (Aus) & Timothy To (Canada) March 2015

**Music:** Lana by Roy Orbison. Album: The Very Best Of Roy Orbison [2.17 - iTunes]

**Start dance on vocals on 64 counts "Lana" - (Feel free to move arms as you feel )**

**Make up fun 60 counts while the music is going (Running on the spot for the last 4 counts of intro feels good)**

**Sec 1: [1 - 8] ½ CHARLESTON, L COASTER, OUT-SIDE, OUT-SIDE, R COASTER**

- 1- 2            Touch R forward . Step R back (swinging arms)
- 3 &4           Step L back, step R together, step L forward
- 5 - 6           Step R Out to side ,step L out to side (Rolling hips outward)
- 7& 8           Step R back, step L together, step R forward

**SECT 2: [9 - 16] STEP LOCK , SHUFFLE, ½ PIVOT , SIDE ROCK CROSS**

- 1 - 2           Step L forward, lock R behind L
- 3 &4           Step L forward, step R together, step L forward
- 5 - 6           Step R forward, pivot 1/2 Left (weight L)

**Tag & Restart here during wall 3 facing 12.00 add 4 hips sways , R, L , R, L**

- 7 &8           Step R side, recover L, Cross R over L (weight R) 6.00 wall

**Sect 3: [17 - 24] L KICK BALL CROSS , ROCK RECOVER, L JAZZ BOX, POINT**

- 1& 2           Kick forward L , step L next to R, cross R over L
- 3 - 4           Rock to L side , recover on R
- 5 - 6           Cross L over R, step R back (or option below)
- 7 - 8           Step L side, point R to R side

**Sect 3: OPTION TOE STUTS ON A JAZZ BOX FORMATION**

- 5 &            Cross L toe over R, drop L heel
- 6 &            Step R toe back, drop R heel
- 7 &            Step L toe side, drop L heel

8 Point R to R side

**Sect 4: [25 - 32] TOUCH HEEL FORWARD, TOUCH TOES BACK (swing arms) ¼ R , POINT , WALK 2, L SHUFFLE FORWARD**

- 1 - 2 Touch R heel forward, Touch R toes back  
3 - 4 Step R forward turning ¼ R, Point L toe to L side ( 9.00)  
5 - 6 Step L forward, step R forward  
7& 8 Step L forward, step R together, step L forward.

**Wall 3: Both Tag & Restart**

**(facing 6.00) dance up to 14 counts (facing 12.00) add 4 sway, (R, L, R, L) Restart**

**Wall 6 (facing 6.00) dance up to 24 counts (facing 12.00) add 4 steps to finish**

**Alternate Endings To Finish at Front add these steps**

- 1 - 4 Walk forward , R, L, R Point L side or

**Touch Heel Forward, Touch Toes Back,& Shuffle Forward**

- 1 - 2 Touch R heel forward, Touch R toes back  
3 &4 Step R forward, step L together, step R forward- R shuffle fwd.

**Contacts:-**

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