

Need A Hug

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Count: 32

Wall: 4

Level: Intermediate

Choreographer: Sadiah Heggernes (Norway) March 2008

Music: Put Your Arms Around Me by Natasha Bedingfield (94 bpm), CD: Pocketful Of Sunshine

(16 Count Intro - start on vocals)

Slide Ball Cross, Back, Side, Sailor $\frac{1}{4}$ Turn, Step, Pivot

- 1&2** Slide right toe diagonally right, step right slightly back, cross left over right
- 3-4** Step back on right, step left to left side
- 5&6** Cross right behind left making $\frac{1}{4}$ turn right, step left beside right, step forward right
- 7-8** Step forward on left, $\frac{1}{2}$ turn right (weight stays on right) 9:00

Slide Ball Cross, Back, Side, Sailor $\frac{1}{2}$ Turn, Cross, Syncopated Lock Step

- 1&2** Slide left toe diagonally left, step left slightly back, cross right over left
- 3-4** Step back on left, step right to right side 9:00
- 5&6** Cross left behind right, turning $\frac{1}{2}$ turn left, step right beside left, cross left over right
- &7** Lock right behind left, step forward on left
- &8** Lock right behind left, step forward on left 3:00

Full Turn, Coaster Step, Step, Sway, Chasse $\frac{1}{4}$ Turn

- 1-2 $\frac{1}{2}$ turn right stepping forward right, $\frac{1}{2}$ turn right stepping back on left**
- 3&4** Step back on right, step left beside right, step forward on right 3:00
- 5-6** Small step forward on left swaying left, then right
- 7&8 $\frac{1}{4}$ turn right stepping left to left side, close right beside left, step left to left side 6:00**

Back Rock, $\frac{1}{4}$ Turn, Step, Kick Ball Touch, Diagonal Skates

- 1&** Rock back on right, recover weight on left
- 2 $\frac{1}{4}$ turn right stepping forward on right 9:00**
- 3&4** Kick left forward, step left beside right, touch right beside left
- 5-6** Skate diagonally right, left
- 7-8** Skate diagonally right, left 9:00

