

Powerful Stuff

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Count: 52 **Wall:** 4 **Level:** High Intermediate

Choreographer: Alan Birchall (June 2014)

Music: Powerful Stuff – Rascal Flatts. CD: Rewind

Start: On Lyrics - Seconds: 10 [Count: 16 - BPM: 100]

LOCK STEPS x2, ROCK FORWARD, RECOVER, 1½ TRIPLE TURN

1-2& Step Forward On Right, Lock Left Behind Right, Step Forward On Right

3-4& Step Forward On Left, Lock Right Behind Left, Step Forward On Left

5-6 Rock Forward On Right, Recover On Left

7&8 1½ Triple Turn Right Stepping Right, Left, Right [6:00]

Alternative: ½ Triple Turn

STEP, ¼ PIVOT, CROSS, SIDE, KICK, STEP, CROSS, UNWIND, SIDE SHUFFLE

9-10 Step Forward On Left, ¼ Turn Right [9:00]

11&12 Cross Left Over Right, Step Slightly Back On Right, Kick Left To Left Diagonal

&13-14 Step Left By Right, Cross Right Over Left, Unwind A Full Turn Left

15&16 Step Left To Left, Step Right By Left, Step Left To Left

STEP ¼ TOUCHES x 2, TOE SWITCHES, BIG STEP, TOUCH

17-18 Making a ¼ Turn Left, Step Right To Right, Touch Left By Right (Click Fingers) [6:00]

19-20 Making a ¼ Turn Left, Step Left To Left, Touch Right By Right (Click Fingers) [3:00]

21&22& Touch Right To Right, Step Right By Left, Touch Left To Left, Step Left By Right

23-24 Take A Big Step To Right, Touch Left By Right

HIP BUMPS, JAZZ BOX

25-26 Step Diagonally Forward On Left Bumping Hips Forward, Bump Hips Back

27&28 Bump Hips Forward, Bump Hips Back, Bump Hips Forward (Weight Ends Forward On Left)

29-30 Cross Right Over Left, Step Back On Left

31-32 Step Right To Right, Step Forward On Left

FULL PADDLE TURN, STEP, FULL PADDLE TURN, TOUCH

- 33&34&** On Ball Of Left Make $\frac{1}{4}$ Turn Left, Touch Right To Right, Make $\frac{1}{4}$ Turn Left, Touch Right To Right
- 35&36** On Ball Of Left Make $\frac{1}{4}$ Turn Left, Touch Right To Right, Make $\frac{1}{4}$ Turn Left, Step Right By Left
- 37&38&** On Ball Of Right Make $\frac{1}{4}$ Turn Right, Touch Left To Left, Make $\frac{1}{4}$ Turn Right, Touch Left To Left
- 39&40** On Ball Of Right Make $\frac{1}{4}$ Turn Right, Touch Left To Left, Make $\frac{1}{4}$ Turn Right, Touch Left By Right

MAMBO FORWARD, MAMBO BACK, PRISSY WALKS, ROCK

- 41&42** Rock Forward On Left, Recover On Right, Step Back On Left
- 43&44** Rock Back On Right, Recover On Left, Step Forward On Right

Tag & Restart Here During Wall 2

- 45-46** Crossing Left Over Right Step Forward On Left, Crossing Right Over Left Step Forward On Right
- 47-48** Crossing Left Over Right Step Forward On Left, Rock Forward On Right

RECOVER ON LEFT, $\frac{1}{2}$ TURN, FULL TRIPLE TURN

- 49-50** Recover On Left, Making $\frac{1}{2}$ Turn Right Step Forward On Right 9:00
- 51&52** Full Triple Turn Right Stepping Left Right Left Alternative: Left Shuffle Forward

START AGAIN

TAG: Wall 2 after 44 counts

- 1-2** Step Forward On Left, $\frac{1}{2}$ Pivot Right
- 3&4** Full Triple Turn Right Stepping Left Right Left Alternative: Left Shuffle Forward

Restart The Dance Facing 6:00

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