

Get Your Buzz On

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Count: 32 **Wall:** 4 **Level:** Improver

Choreographer: Will Craig (July 2016)

Music: Wasting Time by Frankie Ballard

Count in: After 16 counts

(1-8) Step Lock, Triple Step, Step Lock, Triple

- 1 2 Step R forward and to right side (1) Lock L behind R while popping R knee (2)
- 3&4 Step R forward (3), Step L to R (&) Step R forward (4)
- 5 6 Step L forward and to left side (5), Lock R behind L while popping L knee (6)
- 7&8 Step L forward (6), Step R to L (7) Step L forward (8)

(9-16) Rock, Coaster Step, Walk Walk, Triple Step

- 1 2 Rock R forward (1), Recover weight to L (2)
- 3&4 Step R back (3), Step L next to R (&) Step R forward (4)
- 5 6 Walk forward L (5) Walk forward R (6)
- 7&8 Step L forward (7) Step R next to L (&) Step L forward (8)

(17-24) Walk Walk in a ½ Turn, Triple ¼ Turn, Rock Recover, Rock Recover, Kick Ball Step

- 1 2 Start making ½ left while walking R (1), Finish the ½ turn while walking L (2) (6:00)
- 3&4 Make a ¼ turn left while stepping R to right side (3) Step L to R (&) Step R to right side (4)
- 5&6& Rock L behind R (5) Recover weight to R (&) Rock L to left side (6) Recover weight to R (&)
- 7&8 Kick L foot forward (7) Step L next to R (&) Step R forward (3:00)

(25-32) Walk Walk, Triple ¼ Turn, Walk Around ¾ Turn

- 1 2 Walk L (1) Walk R (2)
- 3&4 Make ¼ turn left stepping L foot forward (3) Step R to L (&) Step L forward (4)
- 5678 Walk around in a ¾ turn left R (5) L (6) R (7) L (8) (3:00)

RESTARTS: -

On wall 3 Dance till count 16

On wall 7 Dance till count 16.

On wall 10 Dance till count 24. The last 4 counts of 24 will be:

Rock L behind R (5) Recover R (6) Rock L to left side (7) Touch R to L (8)

HAVE FUN!!!

Contact: Empiredance@aol.com