

# Hey Ho

LINEDANCE.COM

**Count:** 32      **Wall:** 4      **Level:** Improver

**Choreographer:** Aiden Fryer (UK) July 2013

**Music:** Ho Hey - Lumineers

## Start dance Start on vocal. 16 counts

### HEEL AND HEEL AND HEEL HOOK HEEL TOUCH, SIDE BEHIND, SIDE CROSS, STEP $\frac{1}{4}$ STEP TOUCH

- 1&2&** Right heel, together, left heel together
- 3&4&** Right heel forward, hook right above left knee, step down on right foot, touch right next to left
- 5&6&** Step right to right side, left behind, right side, cross left over right
- 7&8&** Rock right to right side, make  $\frac{1}{4}$  to right stepping left foot forward, step on right foot, touch left next to right.

### SIDE TOUCH SIDE, COASTER STEP, STEP FORWARD TOUCH, BACK TOUCH, BACK HOOK

- 1&2** Step left to left side, touch right next to left, step right to right side
- 3&4** Left coaster step, stepping back on left, bring right next to left, step left forward
- 5&6&** Step right forward, touch left next right, Step left behind, touch right next to left,

### 7&step right behind left and hook left above right knee

### LEFT SHUFFLE STEP, STEP $\frac{1}{2}$ STEP, $\frac{1}{2}$ $\frac{1}{4}$ RHUMBA BOX.

- 8& 1** Left shuffle forward, stepping left forward, bring right to left, step left forward.
- 2&3** Step Right forward forward, make  $\frac{1}{2}$  over left shoulder, step on left, step on right
- 4** Make  $\frac{1}{4}$  stepping on left foot over right shoulder
- 5&6** Make  $\frac{1}{4}$  turn over right shoulder, stepping on right foot, into a side together, forward, bring left foot to right, stepping on right foot forward.
- 7&8** Side together back, stepping left to left side, right next to left, stepping back on left foot.

### RIGHT FORWARD ROCK, SWEEP INTO SAILOR $\frac{1}{2}$ , ROCK FORWARD RECOVER, BEHIND $\frac{1}{4}$ TURN RIGHT

- 1-2** Rock forward on right recover on left

- 3&4** Sweep right foot into a  $\frac{1}{2}$  over right shoulder, stepping right left right
- 5-6** Rock forward left, stepping back on right
- 7&8** Stepping back on left, make  $\frac{1}{4}$  right stepping on right, stepping on left.

**Restart on 1st wall after counts 28**

**Wall 2 after 24 counts**

**Wall 3 Dance up to 10 counts, then dance last 8 counts of the dance, repeat the last 6 counts of the dance and change counts 7-8 to a LEFT COASTER STEP and RESTART.**

**END OF DANCE**

**Contact: [aiden.fryer2010@hotmail.co.uk](mailto:aiden.fryer2010@hotmail.co.uk)**