

# HEARTBEAT

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**Count:** 48

**Wall:** 4

**Level:** intermediate

**Choreographer:** Dorothy Krey

**Music:** If You Just Let Me Into Your Heart by Mary Chapin Carpenter

## OUT-OUT, CLAP, IN-IN, CLAP

- &1** Small step out to the right on right, small step out to left on the left
- 2** Hold position and clap
- &3** Small step in on right, small step in on left
- 4** Hold position and clap

## OUT-OUT, IN-IN, POINT TO THE SIDE, CROSS & UNWIND

- &5** Small step out to the right on right, small step out to the left on left
- &6** Small step in on the right, small step in on the left
- 7-8** Touch right toe out to the right side, quickly cross and step right over left and unwind  $\frac{1}{2}$  turn to the left

## HIP BUMPS AND HIP SWINGS

- 9-10** Bump right hip forward twice
- 11-12** Bump left hip back twice
- 13-16** Swing hips from side-to-side, right-left-right-left

## STEP TOUCHES, $\frac{1}{4}$ TURN RIGHT

- 17-18** Step back on right, touch left heel forward.
- 19-20** Step back on left, touch right heel forward.
- 21-22** Step back on right, touch left heel forward.
- 23-24** Step back on left,  $\frac{1}{4}$  pivot to the right on ball of left, and touch right heel forward in direction of the new wall.

## WALK FORWARD, COASTER STEP, WALK BACK COASTER STEP

- 25-26** Walk forward on right, walk forward on left
- 27&28** Step forward on right, step left beside right, step back on right.
- 29-30** Walk back on left, walk back on right.

**31&32** Step back on left, step right beside left, step forward on left.

### **SIDE TOUCH, STEP ACROSS (TWICE), MODIFIED JAZZ BOX**

**33-34** Touch right toe to right side, cross and step right over left

**35-36** Touch left toe to left side, cross and step left over right.

**37-39** Cross and step right over left, step back on left, step side right on right

**&40** Small hop forward landing first on left, then touch right beside left

### **MONTEREY TURNS**

**41-44** Point right toe out to the right, make  $\frac{1}{2}$  turn right on ball of left foot and step right beside left on completion of turn, point left toe to left side, step left beside right

**45-48** Repeat steps 41-44

### **REPEAT**