

Inception

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Count: 40

Wall: 4

Level: Intermediate

Choreographer: Gaye Teather (UK)

Music: 'On The Floor' by Jennifer Lopez ft. Pitbull (Radio Edit) (144 bpm) CD single 'On The Floor'

Please note there are various mixes of this music. This dance was choreographed to the 'Radio Edit'

Intro: 48 counts from first beat of music - 16 counts from start of heavy beat after JLO sings 'in the club..ha..ha..ha'

Dance rotates in CW direction

Diagonal side. Together. Chasse x 2

- 1 - 2** Facing Left diagonal (10.30) step Right diagonally forward Right (towards 1.30). Step Left beside Right
- 3&4** Still facing Left diagonal Step Right diagonally forward Right. Step Left beside Right. Step Diagonally forward Right
- 5 - 6** Turning to face Right diagonal (1.30) step Left diagonally forward Left (towards 10.30). Step Right beside Left
- 7&8** Still facing Right diagonal step Left diagonally forward Left (towards 10.30). Step Right beside Left. Step Left diagonally forward Left

(Note: Push hips forward and back with each step during the above 8 counts)

Right rocking chair. Step. Pivot quarter turn Left. Cross shuffle

- 1 - 2** Straightening up to face 12 o'clock, rock forward on Right. Recover onto Left
- 3 - 4** Rock back on Right. Recover onto Left
- 5 - 6** Step forward on Right. Pivot quarter turn Left (Facing 9 o'clock)
- 7&8** Cross Right over Left. Step Left to Left side. Cross Right over Left

Side Left. Hold. Together. Chasse Left. Back rock. Point. Quarter turn Right. Point

- 1 - 2** Step Left to Left side. Hold/clap
- &3&4** Step Right beside Left. Step Left to Left side. Step Right beside Left. Step Left to Left side
- 5 - 6** Rock back on Right. Recover onto Left

7&8 Point Right toe to Right side. Quarter turn Right stepping Right beside Left. Point Left to Left side (Facing 12 o'clock)

Cross. Side. Behind-together-heel. Together. Cross. Back. Back. Drag

1 - 2 Cross Left over Right. Step Right to Right side

3&4 Cross Left behind Right. Step Right in place. Touch Left heel diagonally forward

&5 - 6 Step Left beside Right. Cross Right over Left. Step back on Left

7- 8& Step back on Right. Drag Left towards Right. Step Left beside Right

***Restart at this point during walls 5 and 10 (Facing 12 o'clock both times)**

Step. Touch. Left kick-ball-step. Forward rock. Triple three quarter turn Left

1 - 2 Long step forward on Right. Touch Left beside Right

3&4 Kick Left forward. Step Left beside Right. Step forward on Right

5 - 6 Rock forward on Left. Recover onto Right

7&8 Triple three quarter turn Left stepping Left. Right. Left (Facing 3 o'clock)

Start again