

# Aint Too Proud

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**Count:** 32                      **Wall:** 4                      **Level:** Improver / Easy Intermediate

**Choreographer:** Adrian Churm (July 2012)

**Music:** Ain't Too Proud To Beg, by the Temptations. Album: Get Ready (Get Ready)

## 32 count intro

**Alternative: Write My Number On Your Hand by Scotty McCreery (requires Tag & Restart) 48 count intro**

### Section 1: Weave left, cross rock, chasse to the right.

- 1 - 2            Step right foot across left, step left foot to the side.
- 3 - 4            Step right foot behind left, step left foot to the side
- 5 - 6            Rock right across left, recover back onto left foot.
- 7 & 8            Chasse to right side R,L,R

### Section 2: Weave to left, ball cross, side rock, sailor step (starting to turn left)

- 1 - 2            Step left foot across right, step right foot to the right side
- 3&4            Step left behind right, step ball of right to the right side (and slightly back), step left foot across right.
- 5 - 6            Rock right foot out to the right side, recover onto left.
- 7&8            Starting to turn a  $\frac{1}{4}$  left, cross right behind left, step left to left side, step right foot to the side.

### Section 3: Rock back to complete $\frac{1}{4}$ turn left, Shuffle forward, Syncopated forward rocks.

- 1 - 2 completing  $\frac{1}{4}$  turn left rock back onto left foot recover forward onto right foot.**
- 3&4            Shuffle forward L,R,L.
- 5 - 6            Rock forward onto right foot, recover back onto left foot
- &7 - 8            Step right beside left, rock forward onto left, recover back onto right foot.

### Section 4: Coaster step, cross rock, syncopated weave right, hitch with slight turn left (1/8th)

- 1&2            Step left foot back, close right to left, step left foot forward.

**3 - 4** Rock right across left, recover back onto left foot.

**&5&6** Step right foot to the side, step left foot across right, step right foot to the side, step left foot behind right.

**&7 - 8** Step right foot to the side, step left foot across right, hitch right knee up (turning slightly to left diagonal).

### **Start again**

#### **Note:-**

**If you use the Alternative track by Scotty McCreery You will need to add the following on the 4th wall**

**After completing section 1 then restart from the beginning**

**1 - 2** Rock left foot across right

**3&4** Chasse L,R,L almost on the spot

#### **Restart.**

#### **Happy Dancing**

#### **Adrian x**

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