

# Frozen In Time

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**Count:** 32

**Wall:** 2

**Level:** Intermediate / Advanced

**Choreographer:** Klara Wallman (Swe) (June 2018)

**Music:** You Said You'd Grow Old With Me by Michael Schulte (3.45 min)

**Start on vocals, 16 counts intro.**

**Turn  $\frac{1}{4}$ , Back, Touch, Turn  $\frac{1}{2}$ , Back, Back, Lunge, Turn  $\frac{1}{4}$ , Step turn  $\frac{1}{2}$ , Turn  $\frac{1}{2}$ , Turn  $\frac{1}{2}$ .**

- 1-2&** Turn  $\frac{1}{4}$  R Step R forward, as you bring your R palm in front of your face (as if you are turning your body and head with your hand) (1), Step L back (2), Touch R toe back (&). (3.00).
- 3-4&** Turn  $\frac{1}{2}$  R w. the weight still on L, as you raise both hands towards the sky (3), Step R back (4), Step L back (&). (9.00).
- 5-6** Step R to R as you lunge onto R (5), Recover onto L as you turn a  $\frac{1}{4}$  L. (6.00).
- &7** Step R forward (&), Pivot  $\frac{1}{2}$  L, slightly bend you L knee, reach you R arm forward and close your fist as if you are grabbing for something. (7). (12.00).
- 8&** Turn  $\frac{1}{2}$  R step R forward (8), Turn  $\frac{1}{2}$  R step L back (&). (12.00).

**Turn  $\frac{1}{4}$  into Basic NC, Spiral turn  $\frac{5}{8}$ , Rock w. sweep, Sweep, Behind, Turn  $\frac{1}{8}$ , Turn  $\frac{1}{2}$ , Turn  $\frac{1}{2}$ .**

- 1-2&** Turn  $\frac{1}{4}$  R by taking a big step with R to R side (1), Step L next to R (2), Cross R over L (&). (3.00).
- 3-4** Step L to L side as you make  $\frac{5}{8}$  spiral turn over R shoulder (3), Step R forward (4). (10.30).
- &5-6** Rock L forward onto the diagonal (&), Recover onto R as you sweep L from front to back (5), Step down on L as you sweep R from front to back (6).
- 7&8&** Step R behind L (7), Turn  $\frac{1}{8}$  L step L forward (&), Turn  $\frac{1}{2}$  L step R back (8) Turn  $\frac{1}{2}$  step L forward (&). (9.00).

**Turn  $\frac{1}{8}$ , Back, Back, Sway, Turn  $\frac{3}{4}$ , Forward, Turn  $\frac{1}{4}$ , Turn  $\frac{1}{4}$ , Turn  $\frac{1}{2}$  w. sweep, Behind, Side.**

- 1-2&** Turn  $\frac{1}{8}$  L step R to side (1), Step L back (2), Step R back (&). (7.30).
- 3-4-5** Turn  $\frac{1}{8}$  L step L to L side as you sway to L (3), (6.00). Turn  $\frac{3}{4}$  R on R as you hitch L knee up (4), Step L forward (5). (3.00).

**6&7** Turn  $\frac{1}{4}$  L step R back, (6), Turn  $\frac{1}{4}$  L step L forward (&), Turn  $\frac{1}{2}$  L step R back as you sweep L from front to back (7). (3.00).

**8&** Step L behind R (8), Step R to R side (&).

**Rockstep, Back, Touch, Fullturn, Forward, Rockstep w.  $\frac{1}{4}$  turn, Cross, Side, Behind.**

**1-2&** Rock L over R (1), Recover onto R (2), Step L back slightly on the diagonal (&).

**3-4-5** Touch R toe back and reach your R hand forward (palm facing up) (3), Make a full turn R w. the weight still on L as you place you R hand on your heart (4), Step R forward (and drop your hand) (5). (3.00).

**6-7** Turn  $\frac{1}{4}$  R as you rock L to L side (6), Recover onto R (7). (6.00).

**&8&** Cross L over R (&), Step R to R side (8), Step L behind R (&).

**Start again!**

**Tag 1 (10 counts): Happens after wall 2 (facing 12.00).**

**Turn  $\frac{1}{4}$ , Back, NC basic x2, Side, Behind,  $\frac{1}{4}$ , Step turn  $\frac{1}{2}$ , Forward.**

**1-2** The first two steps of the tag are the two first steps of the original dance (Turn  $\frac{1}{4}$  R Step R forward, as you bring your R palm in front of your face (as if you are turning your body and head with your hand) (1), Step L back (2). (3.00).

**3-4&** Take a big step w. R to R side (3), Step L next to R (4), Cross R over L (&).

**5-6&** Take a big step w. L to L side (5), Step R next to L (6), Cross L over R (&).

**7&8** Step R to R side (7), Step L behind R (&), Turn  $\frac{1}{4}$  R step R forward (8). (6.00).

**&9-10** Step L forward (&), Pivot  $\frac{1}{2}$  R (9), Step L (10) (12.00).

**Tag 2 (18 counts): Happens after wall 4 (facing 12.00)**

**1-10** The first 10 counts are the same as in Tag 1

**Step, NC basic x2, Side, Behind, Turn  $\frac{1}{4}$ , Step turn  $\frac{3}{4}$ , Touch.**

**&11-12&** Step R forward (&), Take a big step w. L to L side (11), Step R next to L (12), Cross L over R (&).

**13-14&** Take a big step w. R to R side (13), Step L next to R (14), Cross R over L (&).

**15&16** Step L to L side (15), Step R behind L (&), Turn  $\frac{1}{4}$  L step L forward (16). (9.00).

**&17-18** Step R forward (&), Pivot  $\frac{3}{4}$  L (17), Touch R next to L (18). (12.00).

**Enjoy!**

**This dance is dedicated to my friend Monica Nilsson**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=126458](https://www.linedance.com/index.php?f=dance_view&id=126458)