

# Hey There Delilah

LINEDANCE.COM

**Count:** 32

**Wall:** 2

**Level:** Improver

**Choreographer:** Jess Chilton (England) Feb 08

**Music:** Hey There Delilah by Plain White T's, Album: Every Second Counts

## **Intro: 16 counts (9 seconds)**

### **Sailor Step, ¼ Sailor Turn, Rock Recover, Shuffle ½ Turn**

- 1&2** Cross right behind left Step left to left side Step right to place
- 3&4** Cross left behind right making 1/4 turn left Step right to side, Step left to place
- 5,6** Rock forward on right, Recover on left
- 7&8** Turning ½ turn right, Step forward on right, close left next to right, step forward on right.

### **Make ½ Turn, ½ Turn, Kick ball point, Kick ball point, Pop Knee, In, Out, In**

- 1,2** Turning ½ turn right, step back on left, turning ½ turn left step forward on right
- 3&4** Kick left foot forward, step left next to right, point right foot to right side
- 5&6** Kick right foot forward, step right next to left, point left foot to left side
- 7&8** Pop left knee in to right leg, pop knee back out, and back in again

### **Sweep, Sailor Turn, Cross Shuffle, Step, Slide and Step Forward**

- 1,2&3** Sweep left leg behind right doing a ¼ to left, step down on left, step right to right side, step left to left side
- 4&5** Cross your right over your left, close left next to it, cross right over left
- 6,7** Take a big step to the left on left foot, slide right foot next to it
- &8** Step down on right, step left foot forward (weight remaining on left foot)

### **Touch unwind, step knee pops, coaster step, side, touch, side**

- 1,2** Point right foot behind left, over right unwind ½ turn
- 3&4** Step forward on left, pop both knees forward, recover
- 5&6** Step back on left, close right next to left, step forward on left
- 7&8** Point right foot to right side, touch back next to left, point right to right side

### **Begin again**

**Restart: On wall 8, after the 3rd section restart the dance again**

**Tag: After wall 3,**

**1, 2, 3, 4** Sway Right, Left, Right, Left

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=74792](https://www.linedance.com/index.php?f=dance_view&id=74792)