

# Jonah In The Whale

LINEDANCE.COM

**Count:** 32                      **Wall:** 2                      **Level:** Beginner

**Choreographer:** Claire Bell (UK Nuline) March 2013

**Music:** Ac-Cent-Tchu-Ate the Positive by Jools Holland and Rumer (The Golden age of song)

## Start on vocals 64 count intro (32 seconds)

### [1-8] R Side shuffle, L Back rock, L shuffle 1/4 turn L, R side shuffle 1/4 turn L

**1&2,3,4**    Step right to right side, step left next to right, step right to right side, Rock back on left, recover weight on right

**5&6,**            Turn 1/4 left stepping forward on left, step right next to left, step left forward,

**7&8**            Turn 1/4 left stepping right to right side, step left next to right, step right to right side

**\* (Tag at end of wall 4)**

### [9-16] L back rock, L kickball cross, weave L

**1,2,3&4**    Rock back on left, recover weight on right, Kick left forward, step down on left, cross right over left

**5,6,7,8**    Step left to side, cross right behind left, step left to side, cross right over left

### [17-24] L side rock, cross shuffle, R side rock, cross shuffle

**1,2,3&4**    Rock left to left side, recover weight on right, cross left over right, step right to right side, cross left over right

**5,6,7&8**    Rock right to right side, recover weight on left, cross right over left, step left to left side, cross right over left

### [25-32] L side rock, behind side cross, weave R

**1,2,3&4**    Rock left to side, recover weight on right, step left behind right, step right to right side, cross left over right

**5,6,7,8**    Step right to right side, cross left behind right, step right to right side, cross left over right

**\* Tag: At the end of the 4th wall (facing front)**

### [1-8] R side shuffle, L back rock, L side shuffle, R back rock

**1&2,3,4**    Step right to right side, step left next to right, step right to right side, rock back on left, recover weight on right

**1&2,3,4** Step left to left side, step right next to left, step left to left side, rock back on right, recover weight on left

**Choreographer's note:- The music slows towards the end, just dance with it and on count 32 cross left over right and unwind 1/2 turn right.**

**Dedicated to my amazing mother Margaret, who told me about the music !**

**Contact: [clairekrazyk@aol.com](mailto:clairekrazyk@aol.com)**