

ONE OF THOSE DAYS

LINEDANCE.COM

Count: 32

Wall: 4

Level: intermediate

Choreographer: Sharon Hutchinson

Music: Sunshine by Gareth Gates

SIDE, BACK ROCK, STEP LOCK STEP, FORWARD ROCK, ½ TURN RIGHT

- 1-2-3** Step large step to left side, rock back on right foot, recover weight forward onto left foot
- 4&5** Step forward onto right foot, lock left foot behind right, step forward onto right foot
- 6-7** Rock forward on left foot, recover weight onto right foot
- 8&1** Step back on left foot, close right foot next to left making a ¼ turn right, make a ¼ turn right and step forward on your left foot (6:00)

STEP TOUCH, HEEL JACK (TWICE) SCUFF ¼ TURN RIGHT, CROSSING SHUFFLE

- 2-3** Step right foot forward, touch left toe next to right foot
- &4** Step slightly back on left foot, touch right heel forward
- &5** Step right foot in place, touch left toe next to right foot
- &6** Step slightly back on left foot, touch right heel forward
- &7** Step right foot in place, scuff left foot forward and make a ¼ turn to the right on ball of right foot
- 8&1** Cross left foot over right, step right foot to right side, cross left foot over right

¼ TURN LEFT, ½ TURN LEFT, STEP PIVOT ¾ TURN LEFT, SIDE TOGETHER, CHASSE RIGHT

- 2-3** Make ¼ turn left and step back on right foot (6:00), make ½ turn left and step forward on left (12:00)
- 4&** Step forward on right foot and pivot ¾ turn left
- 5-6** Step right foot to right side, close left foot next to right
- 7&8** Step right foot to right side, close left foot next to right, step right foot to right side

CROSS BACK, BALL CROSS, SIDE TOUCH, PADDLE FULL TURN RIGHT

- 1-2** Cross left foot over right, step back on right foot
- &3** Step slightly back on ball of left foot, cross right foot over left
- 4-5** Step left foot to left side, touch right foot next to left

6&7&8 Make a $\frac{1}{4}$ turn right stepping onto right foot, step onto ball of left foot making a $\frac{1}{4}$ turn to right, make $\frac{1}{4}$ turn right stepping onto right foot, step onto ball of left foot making a $\frac{1}{4}$ turn to right, step forward onto right foot (step, ball change, ball change - making full turn right)

REPEAT

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=33514