

# Eat Sleep Love You Repeat

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**Count:** 32      **Wall:** 4      **Level:** Improver Cha Cha

**Choreographer:** Trine Haukø Lund (No) December 2016

**Music:** Eat Sleep Love You Repeat by Rodney Atkins

## #16 count intro. Start on vocals

### Step R, cross rock L, recover R, chasse L, rock R behind, recover L, chasse R 1/4 turn R

- 1-3**      Step RF to R, cross rock LF over RF, recover weight onto RF
- 4&5**      Step LF to L, step RF beside LF, step LF to L
- 6-7**      Rock RF behind LF, recover weight onto LF
- 8&1**      Step RF to R, step LF beside R, step RF to R turning 1/4 R (3.00)

### L forward, pivot 1/2 turn R, lockstep L forward, R forward 1/4 turn L, cross shuffle

- 2-3**      Step LF forward, pivot 1/2 turn R taking weight on RF (9.00)
- 4&5**      Step LF forward, step RF behind LF, step LF forward
- 6-7**      Step RF forward, 1/4 turn L taking weight on LF(6.00)
- 8&1**      Cross RF over LF, step LF to L, cross RF over LF

## \*Restart here in wall 3

### Rock L, recover R, coaster step, anchorstep backwards X2 R-L, turn 1/4 R

- 2-3**      Rock LF to L, recover weight onto RF
- 4&5**      Step LF behind RF, step RF next to LF, step forward on LF
- 6&7**      Step back on ball of RF, rock LF forward, step back on RF
- 8&1**      Step back on ball of LF, rock RF forward, step back on LF and turn 1/4 R (9.00)

### Sailorstep R, crossrock L over R, rock L to L, crossrock L over R, side, together, step

- 2&3**      Step back on RF, step LF next to RF, step RF to R
- 4&**      Cross rock LF over RF, recover onto RF
- 5&**      Rock LF to L, recover onto RF
- 6&**      Cross rock LF over RF, recover onto RF
- 7-8&**      Step LF to L, step RF slightly behind LF, step down on LF

**\*Restart in wall 3, after count 8&1 in section 2. Facing 12 o'clock.**

**NOTE: Replace the cross shuffle (count 8&1) with sailor step.**

**8&1: Step RF behind LF (8), step LF next to RF(&), step RF to R(1)**

**Last step of the sailorstep is count 1 in the next wall.**

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