

Love In My Heart

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Count: 96

Wall: 4

Level: Phrased Easy Intermediate

Choreographer: BM Leong (23-07-2013)

Music: Lian Qing Chan Zhu Wo Xin Fang - Feng Zhai Jie Mei

Sequence of dance: ABB32/ABB32/BBB32/ABB

Start the dance after 16 counts.

(Special thanks to the choreographer and dancers of Feng Zhai Sisters)

(A - 32 counts.)

- 1-4 Bump hips to right side 4 times while raising right palm to shoulder height with palm facing upward.
- 5-8 Bump hips to left side 4 times while raising left palm to shoulder height with palm facing upward.
- 1-4 Bump hips to right side 4 times while pointing right thumb at self.
- 5-8 Bump hips to left side 4 times while pointing left thumb at self.
- 1-2 Lift right shoulder up, hold
- 3-4 Lift left shoulder up, hold
- 5-6 Lift right shoulder up, hold
- 7-8 Lift left shoulder up, hold
- 1-4 Right rolling vine on RLR, touch left foot beside right
- 5-8 Left rolling vine on LRL, touch right foot beside left

(B - 64 counts.)

TWIST HEELS RLR, HOLD, TWIST HEELS LRL, HOLD

- 1-8 With right foot in front, twist both heels RLRLRLRL

TOUCH, HOLD, SIDE, HOLD, TOUCH, HOLD, SIDE, HOLD, AND HAND ACTIONS

- 1-2 Touch right foot beside left while forming a "heart" with fingers, hold
- 3-4 Step right foot to right side while splitting hands to the sides, hold
- 5-6 Touch right foot beside left while forming a "heart" with fingers, hold
- 7-8 Step right foot to right side while splitting hands to the sides, hold

(note: form a “heart” with both thumbs and index fingers in front of your heart / while splitting hands both palms must be open and face forward)

FORWARD MAMBO, HOLD, TRIPLE 1/2 TURN LEFT, HOLD

1-2 Rock right foot forward, recover onto left foot

3-4 Step right foot back, hold

5-6 1/4 turn left step left foot to left side, step right foot together

7-8 1/4 turn left step left foot forward, hold

RIGHT SIDE MAMBO, HOLD, LEFT SIDE MAMBO, HOLD

1-2 Rock right foot to right side, recover onto left

3-4 Step right foot together, hold

5-6 Rock left foot to left side, recover onto right

7-8 Step left foot together, hold

SIDE, TOGETHER, SIDE, TOUCH, SIDE, TOGETHER, TURN, TOUCH

1-2 Step right foot to right side, step left foot together

3-4 Step right foot to right side, touch left foot together

5-6 Step left foot to left side, step right foot together

7-8 1/4 turn left step left foot forward, touch right foot together

JUMP-TOUCH X 4

1-2 Jump right foot to right side, touch left foot together

3-4 Jump left foot to left side, touch right foot together

5-6 Jump right foot to right side, touch left foot together

7-8 Jump left foot to left side, touch right foot together

(raise right and left hands a-go-go style)

LEAN BODY RIGHT & LEFT PULLING FINGERS ACROSS EYES

1-4 Lean body to the right pulling right fingers across the eyes.

5-8 Lean body to the left pulling left fingers across the eyes.

FORWARD SHOULDER PUSH, HOLD

- 1-2** While bending body forward, push right shoulder forward, push left shoulder forward
- 3-4** Push right shoulder forward, hold
- 5-6** Recover and push left shoulder forward, push right shoulder forward
- 7-8** Push left shoulder forward, hold

Contact: www.sjlinedancer.blogspot.com

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