

Feeling blue at Mardi Gras

LINEDANCE.COM

Count: 32

Wall: 4

Level: Improver - Bosa Nova

Choreographer: Jean Louis Lequeux (Feb 2015)

Music: A Day In The Life Of A Fool - Frank Sinatra

RF: right foot; LF: left foot; LA: legs apart; FT: feet together; WoRF: weight on RF; WoLF: weight on LF

Start with lyrics: WoLF, slightly bend knees, Start with lyrics

SECTION I: SWEEPS FORWARD (RF, LF, RF), TOUCH; SWEEPS BACK, ¼ TURN LEFT

1,2: Sweep RF forward on right diagonal, sweep LF near RF and continue sweeping on left diagonal

3,4: Sweep RF forward near LF and continue sweeping on the right diagonal, left toes touch RF, WoLF

5,6: Sweep RF back on right diagonal, sweep LF near RF and continue sweeping on left diagonal

7,8: Sweep RF back near LF and continue sweeping on left diagonal, LF back and ¼ turn left (pivot on right toes), WoLF

SECTION II: BOSA NOVA BOX, JAZZ BOX ¼ TURN LEFT

1,2: RF forward, LF near RF

3,4: RF back behind LF, left toes touch RF

5,6: LF crosses RF (RF behind), RF near LF

7,8: LF back ¼ turn left, RF near LF

SECTION III: STEP RIGHT, BEHIND, ¼ TURN LEFT, RF BEHIND ¼ TURN LEFT, TOUCH; STEP LEFT, RF BEFORE ¼ TURN, ¼ TURN LEFT, TOUCH

1,2: Stretch right leg on right side pointing toes, LF behind RF ¼ turn left

3,4: RF far behind pointing toes ¼ turn left, left toes touch RF

5,6: Stretch left leg on left side pointing toes, RF before FT, ¼ turn left

7,8: RF far forward pointing toes, ¼ turn left, right toes touch LF

SECTION IV: INVERTED BOSA NOVA BOX, JAZZ BOX

1,2: RF back, LF near RF

3,4: RF forward before LF, left toes touch RF

5,6: LF crosses RF (RF behind), RF near LF

7,8: LF back ¼ turn left, RF near LF

Do it again, folks!

Date: Mardi Gras 2015/02/17 - Jean Louis Lequeux Step Sheets

<http://www.weltram.eu/Pages/CountryandLineDance.aspx>

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