

# I Can Help

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**Count:** 48      **Wall:** 2      **Level:** Easy Improver

**Choreographer:** Karen Holtom - March 2017

**Music:** 'I Can Help' by Billy Swan - BPM: 126 - Shortened version from 70's Summer Album

## EASY RE-STARTS ON WALLS 3, 5 AND 6 WITH SINGLE STEP CHANGE

**Intro: 32 counts from solid beat**

### Section 1: CHASSE LEFT, ROCK BACK RECOVER, DIAGONAL ROCKING CHAIR

**1&2,3,4** Step L to side, close R next to L, step L to side, Rock back on R diagonal, recover on L

**5,6,7,8** Rock forward on R diagonal, recover on L, Rock back on R, recover on L (1.30)

### Section 2: WALK FORWARD R, L, R, KICK L, BACK L, R, L, TOUCH R

**1,2,3,4** On R diagonal walk forward R, L, R, kick L forward (1.30)

**5,6,7,8** Back L, R, L, touch R next to L straightening up to front wall (12)

### Section 3: SIDE TOUCH, ¼ LEFT, TOUCH, SIDE TOUCH, ¼ LEFT, TOUCH

**1,2,3,4** Step R to side, touch L next to R, turn ¼ turn L stepping L to side, touch R beside L (9)

**5,6,7,8** Step R to side, touch L next to R, turn ¼ turn L stepping L to side, touch R beside L (6)

**(Optional styling of dips and clicks on the 'touch' steps)**

### Section 4: OUT OUT, IN IN, JAZZ BOX STEP FORWARD

**1,2,3,4** Step R out to R, Step L out to L, step R back to centre, step L back to centre

**5,6,7,8** Step R across L, Step back on L, Step R to R side, Step L forward \*\*RESTART (6)

### Section 5: SHUFFLE FORWARD, STEP PIVOT ½, SHUFFLE FORWARD, STEP PIVOT ½

**1&2,3,4** Step forward on R, close L next to R, step forward on R, Step forward on L, pivot ½ turn R (12)

**5&6,7,8** Step forward on L, close R next to L, step forward on L, Step forward on R pivot ½ turn L (6)

### Section 6: OUT OUT, IN IN, JAZZ BOX TOUCH

**1,2,3,4** Step R out to R, Step L out to L, step R back to centre, step L back to centre

**5,6,7,8** Step R across L, Step back on L, Step R to R side, Touch L next to R (6)

**S4: \*\*RESTART on Walls 3, 5 & 6 after Section 4, with step change on count 8**

## **OUT OUT, IN IN, JAZZ BOX TOUCH**

**1,2,3,4** Step R out to R, Step L out to L, step R back to centre, step L back to centre

**5,6,7,8** Step R across L, Step back on L, Step R to R side, Touch L next to R

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=116683](https://www.linedance.com/index.php?f=dance_view&id=116683)