

# DESPERATE YOUNG HEARTS

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**Count:** 56

**Wall:** 2

**Level:** beginner/intermediate

**Choreographer:** Matesa

**Music:** Young Hearts Run Free by Gloria Estefan

## **SAMBA BASIC FORWARD, SAMBA BASIC BACK, SIDE, BACK ROCK, SIDE, BACK ROCK**

- 1&2** Step forward on right, step left next to right, step down on right
- 3&4** Step back on left, step right next to left, step down on left
- 5&6** Step right to right side, rock (step) back onto left, rock (step) forward onto right
- 7&8** Step left to left side, rock (step) back onto right, rock (step) forward onto left

## **SAMBA BASIC WITH ¼ TURN RIGHT, SAMBA BASIC BACK, MAMBO TURN RIGHT**

- 1&2** Make ¼ turn right step onto right, step left next to right, step down on right
- 3&4** Step back on left, step right next to left, step down on left (end up facing 3:00 wall)
- 5** Make 1/8 turn right step onto right
- &** Step left behind right
- 6** Make 1/8 turn right step onto right
- &** Step left behind right
- 7** Make 1/8 turn right step onto right
- &** Step left behind right
- 8** Make 1/8 turn right step onto right

**On counts 5-8, half turn to your right, end up facing 9:00 wall**

## **STEP, KICK, RIGHT COASTER, STEP, KICK, RIGHT COASTER**

- 1-2** Step forward on left, kick right forward
- 3&4** Step back on right, step left beside right, step forward on right
- 5-6** Step forward on left, kick right forward
- 7&8** Step back on right, step left beside right, step forward on right

## **MAMBO TURN LEFT, STEP, KICK, LEFT COASTER**

- 1** Make 1/8 turn left step onto left
- &** Step right behind left

- 2            Make 1/8 turn left step onto left  
&            Step right behind left  
3            Make 1/8 turn left step onto left  
&            Step right behind left  
4            Make 1/8 turn left step onto left

**On count 1-4, half turn to your left, end up facing 3:00 wall**

- 5-6            Step forward on right, kick left forward  
7&8            Step back on left, step right beside left, step forward on left

**STEP, KICK, LEFT COASTER, SAMBA BASIC WITH ¼ TURN RIGHT, SAMBA BASIC BACK**

- 1-2            Step forward on right, kick left forward  
3&4            Step back on left, step right beside left, step forward on left  
5&6            Make ¼ turn right step onto right, step left next to right, step down on right  
7&8            Step back on left, step right next to left, step down on left

**TOUCH RIGHT, STEP ACROSS, TOUCH LEFT, STEP ACROSS TWICE WITH SHIMMIES**

- 1-2            Touch right toe to right, step right across left  
3-4            Touch left toe to left, step left across right  
5-6            Touch right toe to right, step right across left  
7-8            Touch left toe to left, step left across right

**Shimmy throughout counts 1-8**

**¼ PADDLE TURNS LEFT (HIP CIRCLES), 4X**

- 1&2            Touch right forward, circle hip while turning ¼ left, step onto left  
3&4            Touch right forward, circle hip while turning ¼ left, step onto left  
5&6            Touch right forward, circle hip while turning ¼ left, step onto left  
7&8            Touch right forward, circle hip while turning ¼ left, step onto left

**End up facing back wall**

**REPEAT**