

# ONE IS BREAKING

LINEDANCE.COM

**Count:** 40

**Wall:** 1

**Level:** beginner/intermediate

**Choreographer:** Louise Elfvengren

**Music:** One by Faith Hill

## SHUFFLE BACK, ½ TURN COASTER STEP, SHUFFLE BACK, COASTER STEP

- 1&2** Step right back, close left beside right, step back left. (12:00)
- 3&4** Step left back, step right beside left, step left forward, at step 4 half turn right (6:00)
- 5&6** Step right back, close left beside right, step back left.
- 7&8** Step left back, step right beside left, step left forward

## SIDE, TOGETHER, FORWARD, MAMBO FORWARD, MAMBO BACKWARDS STEP

- 9&10** Step right to right side, step left next to right, step forward on right
- 11&12** Step left to left side, step right next to left, step forward on left
- 13&14** Step forward with right foot, rock back onto left foot, step right foot next to left
- 15&16** Step back with left foot, rock forward onto right foot, step left foot next to right
- 17-32** Repeat steps 1- 16 above facing back

## SKATE FORWARD RIGHT AND LEFT, FORWARD ROCK AND SHUFFLE BACKWARDS

- 33-34** Swivel right foot forward and toward right, swivel left foot forward and toward left (angling body in same direction as feet)
- 35&36** Swivel right foot forward and toward right, bring left foot up to right, step right forward
- 37-38** Rock left foot forward, recover weight to right foot
- 39&40** Step left back, close right beside left, step back right.

## ROCK, SAILOR STEP, ROCK AND SAILOR STEP

- 41-42** Rock right foot to right side, recover weight to left foot
- 43&44** Cross right behind left, turn ¼ to the right and step left foot to the left side, step right to right side (3:00)
- 45-46** Rock left foot to right side, recover weight to right foot

**47&48** Cross left behind right turn  $\frac{1}{4}$  to the left and step right foot to the right side, step left to left side (12:00)

**REPEAT**

**RESTART**

**Restart after count 36 on wall 2.**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=33428](https://www.linedance.com/index.php?f=dance_view&id=33428)