

# How Are You Lately?

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**Count:** 32                      **Wall:** 4                      **Level:** Intermediate

**Choreographer:** Stephanie Chong, Malaysia (February 2018)

**Music:** Zui Jin Hai Hao Ma (How Are You Lately) by S.H.E

**Sequence of dance: 32, 16, 32, Tag, 32, 16, 32, 32, 16-ending**

**SECTION ONE: (1-8) Side Together Forward (2x), Rock Recover, ½ Turn, ¼ Side, Back Rock**

**1-2&**            Step R to right (1), Step L beside R (2), Step R forward (&)

**3-4&**            Step L to left (3), Step R beside L (4), Step L forward (&)

**5-6&**            Rock R forward (5), Recover on L (6), ½ turn right Step R forward (&)

**7-8&¼ right step L to side (7), Rock R behind (8), Recover on L (&) [9:00]**

**SECTION TWO: (9-16) ½ Turn, Sailor Step, Behind, ¼ Turn, Rock Recover, ½ Turn, ½ Pivot, ¼ Pivot**

**1-2&3½ turn right step R back & sweep L (1), Step L behind (2), Step R beside L (&), Step L to side (3) [3:00]**

**4&5**            Step R behind L (4), ¼ left step L forward (&), Rock R forward (5) [12:00]

**6&**              Recover on L (6), ½ turn right step R forward (&) [6:00]

**7&8&**           Step L forward (7), ½ pivot right (&), Step L forward (8), ¼ pivot right [3:00]

**SECTION THREE: (17-24) Cross Rock (2x), 2 Prissy Walks, Rock Recover**

**1-2&**            Rock L over R (1), Recover on R (2), Step L to side (&)

**3-4&**            Rock R over L (3), Recover on L (4), Step R to side (7)

**5-6-7**           Step L forward (5), Step R forward (6), Rock L forward (7)

**8&**              Recover on R (8), ½ turn left step R forward (&) [9:00]

**SECTION FOUR: (25-32) Nightclub 2 Steps, ¼ turn, ½ Pivot Step, Full Turn Left**

**1-2&**            Step R to side (1), Rock L behind R (2), Recover on R (7)

**3-4&**            Step L to side (3), Rock R behind L (4), Recover on L (&)

**5-6&7¼ turn right step R forward (5), Step L forward (6), ½ pivot turn right (&) Step L forward (7)**

**8&½ turn left step R back (8), ½ turn left step L forward (&) [6:00]**

### **Short Wall (16 counts) on Wall 2 & Wall 5**

**(9-16) ½ Turn, Sailor Step, Behind, ¼ Turn, Rock Recover, ½ Turn, ½ Pivot, ¼ Pivot**

**1-2&3½ turn right step R back & sweep L (1), Step L behind (2), Step R beside L (&), Step L to side (3)**

**4&5** Step R behind L (4), ¼ left step L forward (&), Rock R forward (5)

**6&** Recover on L (6), ½ turn right step R forward (&)

**7&8&** Step L forward (7), ½ pivot right (&), ¼ turn right step L to side (8), Touch R beside L (&)

### **TAG: 12 count Tag**

**(1-12) Step Together Forward (2x), Cross Rock (2x), 4 walks**

**1-2&** Step R to right (1), Step L beside R (2), Step R forward (&)

**3-4&** Step L to left (3), Step R beside L (4), Step L forward (&)

**5-6&** Cross R over L (5), Recover on L (6), Step R to side (&)

**7-8&** Cross L over R (7), Recover on R (8), Step L to side (&)

**1-2-3-4** Walk R-L-R-L over left shoulder to make a ¾ anti-clockwise turn

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