

DROP THE HEAT

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Count: 32

Wall: 4

Level: intermediate/advanced

Choreographer: Guyton Mundy

Music: Drop That Heater by Omarion

¼ CROSS AND CROSS, ¾ TURN TO LEFT, WALK BACKS, ½ TURN OUT AND OUT

- 1&2** While making a ¼ turn to left, cross left over right, step right to right side, cross left over right
- 3&4** Step back on right while making a ¼ turn to left, step together left while making a ¼ turn to the left, step back on right making a ¼ turn to the left
- 5&6** Walk straight back left-right-left
- 7&8** While making a ½ turn right step forward on right, step left to left side, step right to right side

LEFT COASTER, ¼ TURN ROCK AND CROSS, ½ TURN SAILOR WITH ARMS, HITCH

- 1&2** Step back on left, step together with right, step forward on left
- 3&4** While making a ¼ turn to the left, rock right to right side, recover left, cross right over left
- 5&6** Step back on left, making a ¼ turn to the right, step together with right while making a ¼ turn to the right, step forward on left

Arm styling:

- 5** Place right arm out in front with closed fist
- &** Place left arm out slightly above the right, with closed fist
- 6** Hit top of right fist with bottom of left fist
- &** Hitch right knee while hitting with the right fist
- 7** Step down on right foot while hitting the bottom of left fist with top of right fist
- &** Lift left fist slightly on angle away from right
- 8** Pop right shoulder up as left shoulder goes down, hitch left knee slightly while looking to the left

STEP CROSS STEP, ½ TURN SAILOR, SYNCOPATED JAZZ WITH DRAG, WEAVE

- 1&2** Step left to left side, cross right over left, step left to left side

- 3&4** Step back on right making a $\frac{1}{4}$ turn to the right, step together with left while making a $\frac{1}{4}$ turn to the right, step forward on right
- 5&6** Cross left over right, step back on right, take a big side step to left with left while dragging the right in
- 7&8** Step right behind left, step left to left side, cross right over left

HITCH WITH SHOULDER SHRUGS, SIDE STEP, SAILOR, ROCK/RECOVER WITH HALF CHASSE TURN

- 1&2** Hitch left up, step left to left side (while rocking shoulders left-right-left)
- 3&4** Step right behind left, step together with left, step forward on right
- 5&6** Rock forward on left, recover on right, make a $\frac{1}{2}$ turn to left stepping forward on left
- 7&8** Step forward on right, $\frac{1}{2}$ turn pivot to left stepping on left, step forward on right

REPEAT