

Jamaica Paradise

LINEDANCE.COM

Count: 48

Wall: 4

Level: Beginner / Intermediate Cha Cha

Choreographer: Gerald Biggs

Music: Almost Jamaica, by the Bellamy Brothers, CD: The 25 year collection, vol.2 (re-recorded versions)
112bpm

Alternate music: Lodi; by Creedence Clearwater Revival; CD; Green River (Remastered)

(start on vocals)

SIDE ROCK, TRIPLE STEP FORWARD, SIDE ROCK, TRIPLE STEP FORWARD

- 1-2 Rock RT to side, Recover onto LT
- 3&4 Step RT forward, Step LT together, Step RT forward
- 5-6 Rock LT to side, Recover onto RT
- 7&8 Step LT forward, Step RT together, Step LT forward

CROSS STEP, STEP TOGETHER, FORWARD ROCK RECOVER, COASTER STEP, RT SIDE ROCK

- 1&2 Step RT over LT, Step LT to side, Step RT together (syncopated)
- 3-4 Rock forward on LT, Recover onto RT
- 5&6 Step LT back, Step RT together, Step LT forward
- 7-8 Rock RT to side, Recover onto LT

STEP ½ TURN LT, ROCK BACK RECOVER, TRIPLE STEP FORWARD, WALK, WALK,

- 1-2 Step forward RT, Pivot ½ turn LT on ball of RT (keep weight RT)
- 3-4 Rock back on LT, Recover onto RT
- 5&6 Step LT forward, Step RT together, Step LT forward
- 7-8 Walk forward, R,L,

TRIPLE STEP SIDE RT, TRIPLE STEP FORWARD, CROSS SHUFFLE, LT SIDE ROCK RECOVER

- 1&2 Step RT to side, Step LT together, Step RT to side
- 3&4 Step LT forward, Step RT together, Step LT forward
- 5&6 Cross shuffle RT over LT, (R,L,R)

7-8 Rock LT to side, Recover onto RT

CROSS ROCK, SHUFFLE STEP SIDE LT, CROSS ROCK, SHUFFLE STEP SIDE RT

1-2 Step LT over RT, Recover back onto RT

3&4 Step LT to side, Step RT together, Step LT to side

5-6 Step RT over LT, Recover back onto LT

7&8 Step RT to side, Step LT together, Step RT to side

ROCK FORWARD,RECOVER, TRIPLE STEP BACK, ROCK BACK,RECOVER, STEP, TURN 1/4

1-2 Rock forward on LT, Recover onto RT

3&4 Step LT back, Step RT together, Step LT back

5-6 Step back on RT, Recover forward onto LT

7-8 Step RT forward, Pivot $\frac{1}{4}$ turn LT while shifting weight LT

Start again