

Bald Headed Blues

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Count: 80

Wall: 2

Level: Phrased Intermediate

Choreographer: Helen Woods – Oct. 2015

Music: Bald Headed Blues by Saffire -The Uppity Blues Women [CD: Havin' The Last Word]

#24 count intro, weight on left

Phrase Sequence: A, A, B, A, A, A, B, A, Ending

PART A - 48 COUNTS

A1: KICK BALL CROSS, KICK BALL CROSS, ROCK SIDE, RECOVER, CROSS SIDE CROSS

- 1&2** Kick right forward toward right diagonal, step ball of right beside left, step left across right
- 3&4** Kick right forward toward right diagonal, step ball of right beside left, step left across right
- 5-6** Rock right to side, recover to left
- 7&8** Step right across left, step left to side, step right across left

A2: KICK BALL CROSS, KICK BALL CROSS, ROCK SIDE, RECOVER, CROSS SIDE CROSS

- 1&2** Kick left forward toward left diagonal, step ball of left beside right, step right across left
- 3&4** Kick left forward toward left diagonal, step ball of left beside right, step right across left
- 5-6** Rock left to side, recover to right
- 7&8** Step left across right, step right to side, step left across right

A3: HEEL TOUCH HEEL TOGETHER, HEEL TOUCH HEEL TOGETHER, HEEL TOUCH TOUCH TOGETHER, HEEL TOUCH TOUCH TOGETHER

- 1&2&** Touch right heel forward, touch right beside left, touch right heel forward, step right together
- 3&4&** Touch left heel forward, touch left beside right, touch left heel forward, step left together
- 5&6&** Touch right heel forward, touch right beside left, touch right to side, step right together
- 7&8&** Touch left heel forward, touch left beside right, touch left to side, step left together

A4: TOUCH, HOLD BALL TOUCH, HOLD BALL WALK, WALK, ANCHOR STEP

- 1** Touch right forward
- 2&3** Hold, step ball of right beside left, touch left forward
- 4&5** Hold, step ball of left beside right, step right forward

- 6 Step left forward
- 7&8 Rock right behind left, recover to left, step right in place

A5: SAILOR $\frac{1}{4}$ TURN, SAILOR, SAILOR, SAILOR

- 1&2 Turn $\frac{1}{4}$ left stepping left behind right, step right to side, step left to side
- 3&4 Step right behind left, step left to side, step right to side
- 5&6 Step left behind right, step right to side, step left to side
- 7&8 Step right behind left, step left to side, step right to side

A6: WALK, WALK, STEP $\frac{3}{4}$ TURN, TRIPLE LEFT SIDE, ROCK BACK, RECOVER

- 1-2 Step left forward, step right forward
- 3-4 Step left forward, turn $\frac{3}{4}$ right shifting weight to right
- 5&6 Step left to side, step right beside left, step left to side
- 7-8 Rock right back, recover to left

PART B - 32 COUNTS

B1: SIDE, TOGETHER, CLAP CLAP CLAP, SIDE, TOUCH, CLAP CLAP CLAP

- 1-2 Step right to side shimmying shoulders, step left together
- 3&4 Clap hands, clap hands, clap hands
- 5-6 Step right to side shimmying shoulders, touch left beside right
- 7&8 Clap hands, clap hands, clap hands

B2: SIDE, TOGETHER, CLAP CLAP CLAP, SIDE, TOUCH, CLAP CLAP CLAP

- 1-2 Step left to side shimmying shoulders, step right together
- 3&4 Clap hands, clap hands, clap hands
- 5-6 Step left to side shimmying shoulders, touch right beside left
- 7&8 Clap hands, clap hands, clap hands

B3: STEP, TURN $\frac{1}{2}$, TRIPLE FORWARD, STEP, TURN $\frac{1}{2}$, TRIPLE FORWARD

- 1-2 Step right forward, turn $\frac{1}{2}$ left shifting weight to left
- 3&4 Step right forward, step left instep beside right heel, step right forward
- 5-6 Step left forward, turn $\frac{1}{2}$ right shifting weight to right
- 7&8 Step left forward, step right instep beside left heel, step left forward

B4: DIP, POINT, DIP, POINT, BUMP HIPS (or dancer's choice)

- 1-2** Step right to side bending knees, point left in place straightening knees angling upper body to left diagonal
- 3-4** Step left in place bending knees squaring upper body, point right in place straightening knees angling upper body to right diagonal
- 5-8** Bump hips right, bump hips left, bump hips right, bump hips left

(Alternatively, dancer may choose a different style of hip movement)

ENDING - 1-End Primp bald head