

Back 2 Life

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Count: 64 **Wall:** 4 **Level:** Intermediate - WCS

Choreographer: Vivien Gottschald (March 2013)

Music: "Back to life" by E-Type

Start after 32 counts

SIDE, HITCH, COASTER STEP, PIVOT ½ TURN R, COASTER STEP

- 1-2 Step RF to side, make a hitch with LF
- 3&4 Step LF back, step RF next to LF, step LF fwd
- 5-6 Step RF fwd, step LF back turning ½ R
- 7&8 Step RF back, step LF next to RF, step RF fwd

FULL TURN R, CHASSÉ FWD, ROCK STEP, CHASSÉ ½ TURN R

- 1-2 Step LF back turning ½ R, Step RF fwd turning ½ R
- 3&4 Chassé fwd stepping left, right, left
- 5-6 Rock RF fwd, recover LF
- 7&8 Chassé back turning ½ R and stepping right, left, right

OUT, OUT, IN, TOUCH, ROLLING VINE 1¼ TURN R INTO CHASSÉ

- 1-4 Step LF diagonally fwd, step RF diagonally fwd, step LF back in place, touch RF next to LF
- 5-6 Step RF fwd turning ¼ R, step LF back turning ¼ R
- 7&8 Chassé back turning ½ R and stepping right, left, right

CROSS, BACK & CROSS, HITCH, CHASSÉ L, CHASSÉ R ¼ TURN R

- 1-2 Cross LF over RF, step RF back
- &3 Close LF to RF, cross RF over LF
- 4 Hitch with LF
- 5&6 Chassé to left stepping left, right, left
- 7&8 Chassé to right turning ¼ R and stepping right, left, right

CROSS, SIDE, SAILOR ¼ TURN L, MONTEREY TURN, STEP TURN

- 1-2 Cross LF over RF, step RF to right

- 3&4** Cross LF behind RF turning $\frac{1}{4}$ L, step RF to side, step LF to side
- 5-6** Touch RF to side, pull RF next to LF turning $\frac{1}{2}$ R
- 7-8** Step LF fwd, turn $\frac{1}{2}$ R without weight change (so the weight is also on the LF)

ROCK BACK, TRIPLE FULL TURN, STEP-LOCK-STEP, OUT-OUT, KNEE IN

- 1-2** Rock RF back, recover LF
- 3&4** Step RF back turning $\frac{1}{2}$ L, step LF fwd turning $\frac{1}{2}$ L, step RF fwd
- 5&6** Step LF fwd, lock RF behind LF, step LF fwd
- &7-8** Step RF to right, step LF to left, swivel right knee to left

TURN $\frac{1}{4}$ R, KICK, COASTER STEP, PIVOT TURN $\frac{1}{2}$ L, SAILOR $\frac{1}{4}$ TURN L

- 1** Swivel right knee to right turning $\frac{1}{4}$ R
- 2** Kick RF fwd
- 3&4** Step RF back, step LF next to RF, step RF fwd
- 5-6** Step LF fwd, step RF back turning $\frac{1}{2}$ L
- 7&8** Cross LF behind RF turning $\frac{1}{4}$ L, step RF to right, step LF to left

PADDLE TURN $\frac{1}{2}$ TURN, JAZZBOX

- 1-2** Touch RF to right, make a $\frac{1}{4}$ Turn L
- 3-4** same as 1, 2

Styling for 1-4: roll your hips in an anticlockwise circle

- 5-8** Cross RF over LF, step LF back, step RF to right, step LF next to RF

REPEAT

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