

Breaking the Law

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Count: 32 **Wall:** 2 **Level:** Beginner

Choreographer: Pat Newell - Jan 10, 2016

Music: There Oughta Be a Law - Leroy Parnell

Senior Dancing Series

Learning: Traveling heel stands, grapevines, step kick, step together, traveling hips forward and back

#32 counts in to vocal

HEEL STANDS MOVING TO 6:00 WALL

1-4R heel forward, step on R 12:00, L heel to 10:00 step down,

5-8R heel to 4:00 step down , L heel to 6:00 step down- 6:00

RIGHT VINE WITH TOUCH, LEFT VINE WITH TOUCH

1-4 Step R, L behind R, R to side, touch L beside R

5-8 Step L, R behind L, L to side, touch R beside L

STEP KICK, STEP TOGETHER, STEP KICK, STEP TOGETHER

1-4 Step forward on R, kick L, step down on L, step tog R

5-8 Step forward on L, kick R, step down on R, step tog L

TRAVELING HIPS FORWARD AND BACK *FULL WEIGHT EACH STEP SWINGING HIPS

1-4 Step diagonal forward on R, diagonal fwd L, diagonal fwd R, diagonal fwd L

5-8 Step diagonal back on R, diagonal back on L, diagonal back on R, diagonal back on L

Note: Move shoulders as well as hips in the last eight counts

DANCE FOR THE HEALTH OF IT