

JUST A DAY

LINEDANCE.COM

Count: 32

Wall: 4

Level: intermediate

Choreographer: Steven Bray

Music: Just A Day by Feeder

SHUFFLE, STEP TURN, SHUFFLE, STEP TURN

- 1&2** Step right to right side, step left beside right, step right to right side
- 3-4** Step forward on left, make $\frac{1}{2}$ turn right
- 5&6** Step left to left side, step right beside left, step left to left side
- 7-8** Step forward on right, make $\frac{1}{2}$ turn left

SAILOR TURN, SAILOR STEP, SHUFFLE, LEFT CHARLESTON

- 9&10** Step right behind left making $\frac{1}{4}$ turn right, step forward left making $\frac{1}{4}$ turn right, step right to right side making $\frac{1}{4}$ turn right
- 11&12** Step left behind right, step forward right, step left to left side
- 13&14** Step right to right side, step left beside right, step right to right side
- 15-16** Touch left toe forward, step back on left making $\frac{1}{4}$ turn left

HAND JIVE, ARMS CROSS, DROP, KNEE PUMPS

- 17&18** Touch right hand to front of left shoulder, touch front of right shoulder, drop hand straight down to right side
- 19&20** Touch left hand to front of right shoulder, touch front of left shoulder, drop hand straight down to left side
- 21-22** Make fists and raise both arms, crossing right over left in front of chest; drop hands straight down to sides
- 23&24** Pump left fist down and right fist up while raising right knee twice (right foot does not touch floor)

SLIDE, SLIDE, KICK, KICK, FOOT TWISTS

- 25-26** Step right to right side making 45 degrees turn left, slide left beside right
- 27-28** Step left to left side making 45 degrees turn left, slide right beside left
- 29-30** Kick right forward, kick right to right side

31&32 Twist right behind left knee, twist right out, twist right in front of left knee (hold: 6th wall only)

REPEAT

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=48953