

Lose My Mind

LINEDANCE.COM

Count: 64

Wall: 4

Level: Intermediate

Choreographer: Audrey Watson

Music: Lose My Mind by The Wanted (128bpm)

Start dance 16 counts after the heavy beat kicks in - NO TAGS OR RESTARTS -BLISS.

STEP HITCH, COASTER STEP, CROSS SIDE, BEHIND & CROSS.

- 1-2 Step fwd on right, hitch left knee.
- 3&4 Step back on left, step right next left, step fwd on left.
- 5-6 Cross right over left, step left to left.
- 7&8 Cross right behind left, step left to left side, cross right over left.

SIDE ROCK, SAILOR STEP, CROSS ROCK, CHASSE $\frac{1}{4}$ TURN.

- 1-2 Rock left to left side, recover weight on right.
- 3&4 Cross left behind right, step right to right side, step left to left side.
- 5-6 Cross rock right over left, recover weight back on left.
- 7&8 Step right to right side, close left next right, turn $\frac{1}{4}$ right stepping fwd on right.

PIVOT $\frac{1}{4}$ TURN, WEAVE, POINT.

- 1-2 Step fwd on left, turn $\frac{1}{4}$ right.
- 3-4 Cross left over right, step right to right side,
- 5-6 Cross left behind right, step right to right side.
- 7-8 Cross left over right, point right toe to right side.

$\frac{1}{2}$ TURN, KICK BALL STEP, STEP, FWD ROCK, $\frac{1}{2}$ TURN SHUFFLE.

- 1 Turn $\frac{1}{2}$ right stepping right next.
- 2&3 Kick left foot fwd, step down on ball of left, step fwd on right.
- 4 Step fwd on left.
- 5-6 Rock fwd on right, recover weight back on left.
- 7&8 Shuffle $\frac{1}{2}$ turn right stepping right, left, right.

STEP KICK, COASTER CROSS & CROSS SIDE, BEHIND & CROSS.

- 1-2** Step fwd on left, kick right foot fwd.
- 3&4** Step back on right, step left next right, cross right over left.
- &5-6** Step left to left side, cross right over left, step left to left side.
- 7&8** Step right behind left, step left to left side, cross right over left.

SIDE ROCK, ¼ SAILOR STEP, ½ TURN, SHUFFLE.

- 1-2** Rock left to left side, recover weight on right.
- 3&4** turn ¼ left, swinging left behind right, step right to right side, step left to left side.
- 5-6** Step fwd on right, pivot ½ turn left.
- 7&8** Shuffle fwd on right, left, right.

STEP TOUCH, ¼ CHASSE, STEP SCUFF, RIGHT LOCK STEP.

- 1-2** Step left to left side, touch right toe next left foot.
- 3&4** Step to right side, close left next right, turn ¼ right stepping fwd on right.
- 5-6** Step fwd on left, scuff right foot fwd.
- 7&8** Step fwd on right, lock left behind right, step fwd on right.

WEAVE ¼ TURN, STEP ½ TURN, SHUFFLE.

- 1-2** Cross left over right, step right to right side.
- 3-4** Cross left behind right, turn ¼ right stepping fwd on right.
- 5-6** Step fwd on left, pivot ½ right.
- 7&8** Step fwd on left, close right next left, step fwd on left.