

One Love is All We Need

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Count: 32 **Wall:** 2 **Level:** Intermediate

Choreographer: Alan Haywood (UK) (October 2009)

Music: "Just One Love" by Michael Bolton - "One World One Love album" - 190 bpm

Intro - 32 counts - start on the word 'killing'

Section 1

R kick ball cross & L back, R over, hinge ½ R, R side rock, recover L

- 1&2** Kick right forward, step right next to left, cross step left over right
- &3-4** Step right to right side, step left back, cross step right over left
- 5&6** Make ¼ turn right (left back), pivot ¼ right (right side), cross step left over right (6 o'clock)
- 7-8** Rock right to right side, recover weight onto left

Section 2

R behind & ¼ L, R shuffle forward, rock forward L, recover R, triple 1½ L, R forward

- 1&** Cross step right behind left, step left ¼ left (3 o'clock)
- 2&3** Step forward onto right, close left next to right, step forward onto right
- 4-5** Rock forward onto left, recover weight back onto right
- 6&7** Triple 1½ turn left stepping left right left (easy option - shuffle ½ left) (9 o'clock)
- 8** Step forward onto right

Section 3

L kick ball cross & R behind, L side, cross rock R over L & R ¼ R, L forward, ½ R

- 1&2** Kick left forward, step left next to right, cross step right over left
- &3-4** Step left to left side, cross step right behind left, step left to left side
- 5&6** Cross rock right over left, recover weight onto left, step right ¼ right (12 o'clock)
- 7-8** Step forward onto left, pivot ½ turn right (6 o'clock)

Section 4

L over twinkle, R over twinkle, cross lock L over R, unwind full turn R, L side, touch R

- 1&2** Cross step left over right, step right to right side, step left to left side

3&4 Cross step right over left, step left to left side, step right to right side

5-6 Cross lock left over right (toes only), unwind a full turn right, (weight right) (6 o'clock)

(Easy option: cross step left over right, step right to right side)

7-8 Step left to left side, touch right next to left

REPEAT AND ENJOY!!!!

DON'T BE PUT OFF BY THIS WRITING - IT'S VERY EASY WHEN YOU DO THE DANCE

EXPLAINING IT IS WHAT'S TAKEN THE AMOUNT OF WRITING!

TAG

End of walls 1 (6 o'clock) and 4 (12 o'clock).

He sings the word 'Tonight' over 6 counts. Take arms out to each side, then bring them together, palms facing in front of chest. Restart with the kick ball cross when he sings the word "Need"

Wall 6 he sings slower, you will start this wall facing 6 o'clock. At the end of this wall, facing 12 o'clock, you will need to hold for 2 counts and then kick ball cross to start the dance again on word "One".

Beware of a false ending in the music during wall 8.

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