

# Hole In My Heart

LINEDANCE.COM

**Count:** 48

**Wall:** 4

**Level:** Intermediate waltz

**Choreographer:** Nathan Gardiner (Scotland) Sept 2015

**Music:** Hole In My Heart by Luke Friend

## **Intro: 24 counts start on vocals - No Tags or Restarts**

### **(1-12) STEP FORWARD, SWEEP, STEP FORWARD, SWEEP, STEP FORWARD, SWEEP, CROSS ROCK, SIDE**

- 1-2-3** Step forward on left, Sweep right from behind to front for 2 counts
- 4-5-6** Cross step right over left slightly, Sweep left from behind to front for 2 counts
- 1-2-3** Cross step left over left slightly, Sweep right from behind to front for 2 counts
- 4-5-6** Cross rock right over left, Recover on left, Step right to right side

### **(13-24) CROSS UNWIND FULL TURN RIGHT, STEP RIGHT, POINT, 1/4 LEFT, 1/2 LEFT, 1/4 LEFT, 3/4 LEFT, 1/4 LEFT, CROSS**

- 1-2-3** Cross step left over right, Unwind full turn right hitching right knee up for 2 counts
- 4-5-6** Step right to right side, Point left toes to left side, HOLD
- 1-2-3** Turn 1/4 left stepping forward on left, Turn 1/2 left stepping back on right, Turn 1/4 left stepping left to left side
- 4-5-6** Turn 3/4 left stepping back on right, Turn 1/4 left stepping left to left side, Cross step right over left

## **Easy option: Cross shuffle**

### **(25-36) SWAY LEFT, SWAY RIGHT, SWAY LEFT, RECOVER 1/4 RIGHT WITH SWEEP**

- 1-2-3** Step left to left side swaying hips to left side for 2 counts
- 4-5-6** Step right to right side swaying hips to left side for 2 counts
- 1-2-3** Step left to left side swaying hips to left side for 2 counts
- 4-5-6** Recover on right turning 1/4 right, Sweep left from behind to front for 2 counts

### **(37-48) LEFT TWINKLE, RIGHT TWINKLE, ROCK FORWARD, RECOVER**

- 1-2-3** Cross step left over right, Step right to right side, Step left next to right (slightly travelling forward)

- 4-5-6** Cross step right over left, Step left to left side, Step right next to left (slightly travelling forward)
- 1-2-3** Rock forward on left, Hold for 2 counts
- 4-5-6** Recover on right, Hook left across right for 2 counts

**Contact: [nathan.gardiner1998@hotmail.co.uk](mailto:nathan.gardiner1998@hotmail.co.uk)**

---

Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=106964](https://www.linedance.com/index.php?f=dance_view&id=106964)