

# Cold Cold Heart

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**Count:** 56                      **Wall:** 4                      **Level:** Improver

**Choreographer:** Roz Chaplin & Elizabeth Davies (UK) Oct 2010

**Music:** Cold Cold Heart by Alan Gregory (180bpm)

## 36 Count intro.

### RIGHT DIAGONAL STEP LOCK, LEFT DIAGONAL STEP LOCK, HEEL, TOE, SHUFFLE BACK

- 1&2**            Step diagonally forward right, lock left behind right, step diagonally forward on right
- 3&4**            Step diagonally forward on left, lock right behind left, step forward on left
- 5-6**            Touch right heel forward, touch right toe back
- 7&8**            Step right back, close left beside right, step back on right

### LEFT DIAGONAL STEP LOCK, RIGHT DIAGONAL STEP LOCK, HEEL, TOE, STEP ¼ CROSS

- 1&2**            Step diagonally forward on left, lock right behind left, step forward on left
- 3&4**            Step diagonally forward right, lock left behind right, step forward on right
- 5-6**            Touch left heel forward, touch left toe back
- 7&8**            Step forward on left turning ¼ right, cross left over right

### POINT, FORWARD, SIDE, COASTER STEPS X2

- 1-2**            Point right toes forward, point right toes to right side
- 3&4**            Step right back, step left beside right, step right forward
- 5-6**            Point left toes forward, point left toes to left side
- 7&8**            Step left back, step right beside left, step left forward

### EXTENDED WEAVE RIGHT

- 1-4**            Step right to right side, cross left behind right, step right to right side, cross left over right
- 5-8**            Step right to right side, cross left behind right, step right to right side, cross left over right

### MONTEREY ¼ TURN X2

- 1-2**            Point right toe to right side, turn ¼ turn right over right shoulder
- 3-4**            Putting weight onto right foot, point left to left side, step left beside right
- 5-6**            Point right toe to right side, turn ¼ turn right over right shoulder

**7-8** Putting weight onto right foot, point left to left side, step left beside right taking weight

### **STEP RIGHT, ROCK BACK, RECOVER, KICKBALL CROSS**

**1-2&** Step right to right, rock back left behind right, recover onto right

**3&4** Kick left foot forward, step onto left foot, cross right over left

### **STEP LEFT, ROCK BACK, RECOVER, KICKBALL CHANGE**

**1-2&** Step left to left, rock back right behind left, recover onto left

**3&4** Kick right foot forward, step right foot, cross left over right

### **FORWARD & BACK MAMBO'S, ROCK SIDE & RECOVER X2a**

**1&2** Rock forward onto right, recover onto left, step right beside left

**3&4** Rock back onto left, recover onto left, step left beside right

**5&6** Rock out to right side, recover onto left, step right beside left

**7&8** Rock out to left side, recover onto right, step left beside right

**Music Available From Alan Gregory: [www.alangregory.me.uk](http://www.alangregory.me.uk)**