

MAMA'S DANCE

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Count: 32 **Wall:** 1 **Level:** beginner

Choreographer: Tommy Kuhrt & Joann Carpenter

Music: One Bud Wiser by Gretchen Wilson

- 1&2** Sailor step back (right, left, right)
- 3&4** Sailor step back (left, right, left)
- 5** Right heel forward
- 6** Left heel forward
- 7** Right heel forward
- 8** Step left foot forward next to right

- 1-2** Right hips bump twice
- 3** Turn $\frac{1}{4}$ turn right while you bump you left hip once
- 4** Bump right hip to the right
- 5-8** Grapevine left with a right toe touch next to your left foot

- 1-4** Walk forward right, left, right with a kick with your left foot
- 5-8** Walk backwards left, right, left with a toe touch next to your left

- 1-4** Grapevine right switch weight to your left
- 5-8** Two pivots to your left

- 1-2** Stomp right forward then stomp left forward

REPEAT