

Ain't No Mountain High Enough

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Count: 32 **Wall:** 4 **Level:** Beginner

Choreographer: Vera Yan (April 2017)

Music: Ain't No Mountain High Enough by Freischwimmer Feat. Dionne Bromfield

Start after 48 count intro - Notes: No Tags, No Restarts

[1-8] Walk fwd. Kick. Walk back. Touch.

1 2 3 4 Walk fwd R (R, L, R). Kick L fwd.

5 6 7 8 Walk back L (L, R, L). Touch R beside L.

[9-16] Step Touches. Step Side/Shimmy. Touch. X 2

1 2 3 4 Step R to R side. Touch L beside R. Step L to L side. Touch R beside L.

5 6 7 8 Shimmy R for 3 counts. Touch L beside R.

[17-24] Step Touches. Step Side/Shimmy. Touch. X 2

1 2 3 4 Step L to L side. Touch R beside L. Step R to R side. Touch L beside R.

5 6 7 8 Shimmy L for 3 counts. Touch R beside L.

[25-32] Step Touches. Turn ¼. Step Touches. Turn ½.

1 2 3 4 Step R fwd. Turn ¼ L. Touch L beside R. Step L to L side. Turn ½ L. Touch R beside L.

5 6 7 8 Step R. Touch L beside R. Step L to L side. Touch R beside L.

Option for counts 25-32: Walk R, L, R, L with holds while making a ¾ turning left

1 2 3 4 Walk R. Hold. Walk L. Hold.

5 6 7 8 Walk R. Hold. Walk L. Hold.

RESTART

Contact: letsdancetoronto@gmail.com